



Linguine and Bacon in Blush Sauce

with Baby Tomatoes, Corn and Crispy Shallots









20 Minutes

Customized Protein + Add ↻ Swap or *2 Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, [visit hellofresh.ca](https://www.hellofresh.ca)

 + Add	 + Add
Chicken Breasts 2 4	Shrimp 285 g 570 g



 Bacon Strips 100 g 200 g	 Linguine 170 g 340 g
 Baby Tomatoes 113 g 227 g	 Crispy Shallots 28 g 56 g
 Cream 113 ml 237 ml	 Garlic Puree 1 tbsp 2 tbsp
 Corn Kernels 113 g 227 g	 Baby Spinach 56 g 113 g
 Parmesan Cheese, shredded 1/4 cup 1/2 cup	 Cream Sauce Spice Blend 1 tbsp 2 tbsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Pantry items | Salt, unsalted butter, pepper

Cooking utensils | Large non-stick pan, large pot, measuring cups, measuring spoons, paper towels, slotted spoon, strainer

1



Cook linguine

- Before starting, add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl).
- Cover and bring to a boil over high heat.
- Wash and dry all produce.

- Add **linguine** to the **boiling water**. Cook, stirring occasionally, until tender, 10-12 min.
- Reserve $\frac{1}{2}$ cup (1 cup) **pasta water**, then drain **linguine** and return to the same pot, off heat.

4



Cook veggies

- Reheat the pan with **bacon fat** (from step 2) over medium.
- When the pan is hot, add **tomatoes** and **corn**. Season with **salt** and **pepper**.
- Cover and cook, stirring occasionally, until **tomatoes** soften, 3-4 min.

2



Cook bacon

- Meanwhile, line a plate with paper towels.
- Cut **bacon** crosswise into $\frac{1}{2}$ -inch strips. (**TIP:** Use kitchen shears to cut bacon with ease!)
- Heat a large non-stick pan over medium-high heat.
- When the pan is hot, add **bacon**.
- Cook, stirring occasionally, until crispy, 5-7 min. **** (TIP:** Reduce heat to medium if bacon is browning too quickly!)
- Remove from heat. Using a slotted spoon, transfer **bacon** to the paper towel-lined plate. Set aside.
- Reserve **bacon fat** in the pan. (**NOTE:** You will reuse the pan in step 4.)

5



Make sauce

- + Add | **Shrimp**
- Add **garlic puree** and **Cream Sauce Spice Blend** to the pan with **veggies**. Cook, stirring often, until **veggies** are coated, 30 sec.
- Add **cream** and $\frac{1}{4}$ cup ($\frac{1}{2}$ cup) **reserved pasta water**. Season with **pepper**. Bring to a boil over high.
- Once boiling, reduce heat to medium and cook, stirring often, until **sauce** thickens slightly, 2-3 min. Remove from heat.

3



Prep

- + Add | **Chicken Breasts**
- + Add | **Shrimp**
- Meanwhile, drain **corn**. Halve **tomatoes**.

6



Finish and serve

- + Add | **Chicken Breasts**
- Add **spinach**, **sauce**, **half the bacon**, **half the Parmesan** and **1 tbsp** (2 tbsp) **butter** to the pot with **linguine**. Stir until **spinach** wilts, 1 min. (**TIP:** For a lighter sauce consistency, add some reserved pasta water, 1-2 tbsp at a time, if desired.)
- Divide **linguine** between bowls.
- Sprinkle **crispy shallots**, **remaining bacon** and **remaining Parmesan** over top.

Measurements within steps

1 tbsp (2 tbsp) oil
2 person 4 person Ingredient

3 | Prep and cook chicken

+ Add | **Chicken Breasts**

If you've opted to add **chicken breasts**, pat dry with paper towels. Season with **salt** and **pepper**. When **bacon** is done, reheat the same pan (from step 2) over medium-high, then add **chicken**. Pan-fry on one side until golden, 6-7 min. Flip, then cover and continue cooking, until cooked through, 6-7 min. ****** Transfer to a plate, then cover to keep warm. Reuse the same pan to cook **veggies** in step 4.

3 | Prep

+ Add | **Shrimp**

If you opted to add **shrimp**, using a strainer, drain and rinse **shrimp**, then pat dry with paper towels. Season with **salt** and **pepper**.

5 | Make sauce

+ Add | **Shrimp**

Once boiling, add **shrimp** to the pan with **sauce**, then reduce heat to medium. Cook, stirring occasionally, until **shrimp** just turn pink, 2-3 min. ****** Proceed with **remaining** instructions as written.

6 | Finish and serve

+ Add | **Chicken Breasts**

Thinly slice **chicken**, then arrange over **linguine**.

♦ Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

** Cook chicken, shrimp and bacon to minimum internal temperatures of 74°C/165°F, 74°C/165°F and 71°C/160°F, respectively, as size may vary.