

# Chicken and Bacon Pesto Pasta

with Fresh Linguine and Blistered Tomatoes

Fresh Pasta

35 Minutes





Chicken Breasts \* 2 | 4



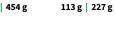
**Bacon Strips** 100 g | 200 g



Fresh Linguine



227 g | 454 g





1/4 cup | 1/2 cup



**Baby Tomatoes** 

Pine Nuts 28 g | 56 g



**Basil Pesto** 1/2 cup | 1 cup



**Italian Seasoning** 1 tbsp | 1 tbsp

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | 3 baking sheets, colander, large non-stick pan, large pot, measuring cups, measuring spoons, paper towels, parchment paper



#### Boil water and cook bacon

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Add 10 cups water and 1 tbsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Meanwhile, arrange bacon strips on a parchment-lined baking sheet. Roast in the top of the oven until crispy and cooked through, 8-12 min.\*\*
- When bacon is done, set aside on a paper towel-lined plate. When cool enough to handle, crumble bacon into bite-sized pieces.



## Toast pine nuts

- Wipe the pan (from step 2) clean and reheat over medium.
- When hot, add pine nuts to the dry pan.
  Toast, stirring often, until golden-brown,
  4-5 min. (TIP: Keep your eye on pine nuts so they don't burn!)
- Transfer **pine nuts** to a plate.



#### Cook chicken

- Pat **chicken** dry with paper towels. Season with **salt**, **pepper** and **half the Italian seasoning** (use all for 4 ppl).
- Heat a large non-stick pan over medium-high heat. When hot, add ½ tbsp oil, then chicken.
   (NOTE: Cook chicken in 2 batches for 4 ppl, using ½ tbsp oil per batch.) Sear until goldenbrown, 1-2 min per side.
- Remove from heat. Transfer chicken to another unlined baking sheet.
- Roast in the middle of the oven until cooked through, 10-12 min.\*\* When done, rest chicken on a cutting board, 5 min.



## Cook linguine

- Add linguine to the boiling water.
- Cook uncovered, stirring occasionally, until tender, 2-4 min.
- Reserve ¾ cup (1 ½ cups) pasta water, then drain linguine and return to the same pot, off heat.
- Add pesto, goat cheese, bacon and
  2 cup (1 cup) reserved pasta water to the pot with linguine. (TIP: For a lighter sauce consistency, add more reserved pasta water, 1-2 tbsp at a time, if desired.)
- Season with salt and pepper, then toss to combine until goat cheese melts, 1-2 min.



#### Blister tomatoes

- Meanwhile, halve tomatoes.
- Add tomatoes and ½ tbsp (1 tbsp) oil to a parchment-lined baking sheet. Season with salt and pepper, then toss to combine.
- Roast in the **bottom** of the oven until tender, 12-14 min.



### Finish and serve

- Thinly slice chicken.
- Divide pasta between plates. Top with tomatoes and chicken.
- Sprinkle **pine nuts** over top.

- \* Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.
- \*\*Cook pork and chicken to minimum internal temperatures of 71°C/160°F and 74°C/165°F, respectively.

Measurements within steps

1 tbsp (2 tbsp)

sp) oil