

# Scallop and Bacon Linguine with Spinach

Special Plus

35 Minutes





Jumbo Scallops



227 g | 454 g







**Bacon Strips** 

100 g | 200 g

237 ml | 474 ml



Cream Sauce



Spice Blend 1 tbsp | 2 tbsp





Parmesan Cheese, shredded ¼ cup | ½ cup



Garlic Puree 1 tbsp | 2 tbsp



Parsley 7 g | 14 g



Lemon 1 | 1

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Colander, large non-stick pan, large pot, measuring cups, measuring spoons, paper towels, slotted spoon, zester



#### Cook bacon

- Before starting, wash and dry all produce.
- Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl).
- Cover and bring to a boil over high heat.
- Cut **bacon** into 1/4-inch strips.
- Heat a large non-stick pan over medium-high heat. When hot, add **bacon**. Cook, stirring occasionally, until crispy, 5-7 min.\*\*
- Remove the pan from heat. Using a slotted spoon, transfer **bacon** to a paper towel-lined plate and set aside. Carefully discard all but 1 tsp (2 tsp) bacon fat from the pan.



## Prep

- Meanwhile, roughly chop parsley.
- Roughly chop **spinach**.
- Zest, then juice half the lemon. Cut remaining lemon into wedges.
- Pat scallops dry with paper towels, pressing well to absorb as much moisture as possible.
  Season with salt and pepper.



Measurements

within steps

1 tbsp

2 person

(2 tbsp)

oil

## Cook linguine

- Add linguine to the boiling water. Cook uncovered, stirring occasionally, until tender, 10-12 min.
- Reserve ½ cup (1 cup) pasta water, then drain linguine.



## Sear scallops

- Heat the pan with **reserved bacon fat** (from step 1) over medium-high.
- When hot, add scallops. Pan-fry until goldenbrown and cooked through, 2-3 min per side.\*\*
- Transfer scallops to another plate.



#### Make sauce

- Reheat the same pan over medium.
- When hot, add 2 tbsp (4 tbsp) butter, then swirl to melt. Add spinach and garlic puree.
  Cook, stirring often, until spinach wilts, about 1 min.
- Sprinkle Cream Sauce Spice Blend into the pan. Cook, stirring often, until veggies are coated, 30 sec.
- Add cream, 1 tsp (2 tsp) lemon zest, 2 tsp (4 tsp) lemon juice and reserved pasta water. Cook, stirring often, until sauce thickens slightly, 4 min. Season with salt and pepper.



#### Finish and serve

- Add linguine, scallops and parsley to the pan with sauce. Toss to combine.
- Divide **linguine** between plates. Top with **bacon** and **Parmesan**.
- Squeeze a **lemon wedge** over top, if desired.

\*\* Cook scallops and pork to minimum internal temperatures of 74°C/165°F and 71°C/160°F, respectively.