

HELLO Chinese Cashew Pork Stir-Fry

with Garlic Rice

Family Friendly 25–35 Minutes







Customized Protein Add Swap







2 Double

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥



250 g | 500 g



Ground Pork



250 g | 500 g





Snow Peas.



Green Onion

2 | 4

trimmed 227 g | 454 g





Zucchini 1 2



Garlic Puree 2 tbsp | 4 tbsp



chopped 28 g | 56 g







Cornstarch 1 tbsp | 2 tbsp



2 tbsp | 4 tbsp



Soy Sauce

1 tbsp | 2 tbsp



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Cooking utensils | Large non-stick pan, measuring cups, measuring spoons, medium bowl, medium pot, whisk



Cook garlic rice

- · Before starting, wash and dry all produce.
- Heat a medium pot over medium-high heat.
- When hot, add 1/2 tbsp (1 tbsp) oil, then rice and half the garlic puree. Cook, stirring often, until fragrant, 2-3 min.
- Add 1 ¼ cups (2 ½ cups) water and bring to a boil over high heat. Reduce heat to low. Cover and cook, until **rice** is tender and **liquid** is absorbed, 12-14 min.
- Remove from heat. Set aside, still covered.



Prep

- Meanwhile, trim snow peas, then half crosswise.
- Cut **zucchini** in half lengthwise, then into 1/4-inch-thick half-moons.
- Thinly slice green onions.
- Whisk together soy sauce, sweet chili sauce, cornstarch, 2 tbsp (4 tbsp) hoisin sauce and 3/4 cups (1 1/4 cups) water in a medium bowl. Set aside.



Toast cashews and cook veggies

- Heat a large non-stick pan over medium heat. Add cashews to the dry pan. Toast, stirring often, until golden-brown, 4-5 min. (TIP: Keep your eye on them so they don't burn!) Transfer to a plate.
- Reheat the same pan over medium-high. When hot, add 1 tbsp (2 tbsp) oil, then **zucchini**. Cook stirring often, until beginning to soften, 2 min.
- Add snow peas and remaining garlic puree. Cook, stirring often, until tender-crisp, 2-3 min. Season with salt and pepper.
- Remove from heat, then transfer veggies to another plate. Cover to keep warm.



Finish and serve

- Fluff rice with a fork. Stir in half the green onions.
- Divide rice between plates.
- Top with **veggies**, **pork** and **sauce** from pan.
- Sprinkle cashews and remaining green onions over top.

Cook pork

🗘 Swap | Ground Beef

🚺 Swap | Tofu

O Swap | Ground Turkey

- Reheat the same pan over medium-high. When hot, add 1/2 tbsp (1 tbsp) oil, then pork. Cook, breaking up **pork** into smaller pieces, until no pink remains, 4-5 min.**
- Season with salt and pepper.



Finish stir-fry

 Re-whisk hoisin-soy mixture, then add to the pan with **pork**. Bring to a boil and cook until slightly thickened, 2-3 min.

Measurements within steps

1 tbsp 2 person

oil Ingredient

4 person

4 | Cook beef

🚫 Swap | Ground Beef

If you've opted to get **beef**, cook it in the same way the recipe instructs you to cook the pork.**

4 Cook tofu

O Swap | Tofu

If you've opted to get **tofu**, pat **tofu** dry with paper towels, then crumble into pea-sized pieces. When the pan is hot, add 1 tbsp (2 tbsp) oil, then tofu. Cook it in the same way the recipe instructs you to cook the **pork**, until golden-brown all over, 6-7 min.

4 | Cook turkeu

O Swap | Ground Turkey

If you've opted to get **turkey**, cook it in the same way the recipe instructs you to cook the pork.**