

Creamy Chicken Linguine with Spinach and Peas

Customer Fave

25 Minutes





Chicken Breasts 2 | 4





113 g | 227 g



Garlic, cloves



Zesty Garlic

Blend

2 | 4



Cream Sauce

Spice Blend



56 g | 113 g

1 tbsp | 2 tbsp



Cream Cheese



1 | 2





Cream 113 ml | 237 ml







Baby Spinach



Cheese, shredded



Ingredient quantities

Prep mushrooms and chicken

- Before starting, wash and dry all produce.
- Add 10 cups warm water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- · Meanwhile, thinly slice mushrooms.
- Peel, then mince or grate garlic.
- Pat chicken dry with paper towels. Cut chicken into 1-inch pieces. Season with salt, pepper and half the Zesty Garlic Blend.



Cook chicken

- Heat a large non-stick pan over medium-high heat. When hot, add 1 tbsp (2 tbsp) butter, then swirl the pan until melted, 1 min.
- Add chicken and mushrooms. Cook until golden-brown, 2-3 min per side. (NOTE: It's okay if chicken doesn't cook all the way through in this step.)



Measurements

within steps

1 tbsp

oil

- Add garlic and Cream Sauce Spice Blend to
- the pan with **chicken** and **mushrooms**. Cook, stirring often, until **chicken** is coated, 30 sec.
- Add peas, cream cheese, broth concentrate, cream, remaining Zesty Garlic Blend and
 4 cup (½ cup) water. Bring to a gentle boil.
- Once boiling, reduce heat to medium. Cook, stirring occasionally, until sauce thickens slightly and chicken is cooked through, 6-8 min.**



Cook linguine

- Meanwhile, add linguine to boiling water.
 Cook, stirring occasionally, until tender,
 3-4 min.
- Reserve ¼ cup (½ cup) pasta water, then drain and return linguine to same pot, off heat.



Finish sauce

- Add creamy sauce with chicken and veggies, spinach, reserved pasta water and half the Parmesan to the pot with linguine.
- Toss to combine until **spinach** wilts, 1-2 min. Season with **salt** and **pepper**, to taste.



Finish and serve

- Divide chicken linguine between plates.
- Sprinkle remaining Parmesan over top.

- * Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.
- ** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.