

Honey-Chipotle Jumbo Shrimp Bowls

with Black Bean Rice and Pepper Salsa

Seafood Special

30 Minutes





Jumbo Shrimp 285 g | 570 g







Garlic, cloves



Green Onion

2 | 4

2 | 4





1 | 2

Vegetable Stock Powder 1 tbsp | 2 tbsp



Lime



Mayonnaise

2 tbsp | 4 tbsp



Sweet Bell Pepper



Baby Tomatoes 113 g | 227 g



Parboiled Rice 34 cup | 1 1/2 cups



1 | 2

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Prep and start rice

- Before starting, wash and dry all produce.
- Peel, then mince or grate garlic.
- Thinly slice green onions, keeping white and green parts separate.
- · Using a strainer, drain black beans, reserving the **liquid**, then rinse **beans**.
- Heat a medium pot over medium-high heat.
- When hot, add 1 tbsp (2 tbsp) butter, then garlic, green onion whites and rice. Cook, stirring often, until **garlic** is fragrant, 1-2 min.



Finish rice

- Add ¼ cup (½ cup) reserved bean liquid, 1 cup (2 cups) water, black beans and stock **powder**. Bring to a boil over high.
- Once boiling, reduce heat to low. Cover and cook until rice is tender and liquid is absorbed, 15-18 min.
- · Remove from heat. Set aside, still covered.



Prep

- Meanwhile, core, then cut **pepper** into ½-inch pieces.
- Drain and rinse **shrimp**. Pat dry with paper towels, then season with salt and pepper.
- Combine chipotle sauce and honey in a medium bowl.
- Add shrimp to the bowl with chipotle mixture, then toss to combine. Set aside.



- · Heat a large non-stick pan over medium-high heat.
- When hot, add ½ tbsp (1 tbsp) oil, then peppers.
- Cook, stirring often, until tender-crisp, 3-4 min. Season with salt and pepper.
- Transfer to another medium bowl, then set aside.
- Add ½ tbsp (1 tbsp) oil to the same pan, then shrimp. Cook, stirring occasionally, until cooked through, 2-3 min.**



Make salsa

- Meanwhile, halve tomatoes.
- Zest, then juice lime.
- Add tomatoes, green onion greens, ½ tbsp (1 tbsp) oil, 1/4 tsp (1/2 tsp) sugar and half the **lime juice** to the bowl with **peppers**.
- Season with **salt** and **pepper**, then toss to combine.



Finish and serve

- Add mayo, ½ tbsp (1 tbsp) water, lime zest and ½ tbsp (1 tbsp) lime juice to a small bowl. Season with salt and pepper, then toss to combine.
- Divide rice between bowls, top with shrimp. Spoon over **any remaining sauce** in the pan.
- Top with salsa.
- Drizzle lime crema over top.

Measurements oil 1 tbsp within steps