

HELLO Speedy Hamburger Quesadillas with Pickles and Special Sauce

25 Minutes





Customized Protein Add





2 Double

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🦫





Ground Beef 250 g | 500 g





Flour Tortillas 6 | 12



Dill Pickle, sliced



90 ml | 180 ml

Cheddar Cheese. shredded ½ cup | 1 cup



Green Onion



1 2





Mayonnaise 2 tbsp | 4 tbsp



Ketchup 2 tbsp | 4 tbsp



Sweet Potato 2 | 4



Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Baking sheet, large bowl, large non-stick pan, measuring spoons, parchment paper, small bowl, strainer



Prep and roast sweet potatoes

- Before starting, preheat the oven to 450°F.
- · Wash and dry all produce.
- Cut sweet potatoes into ½-inch wedges.
- Add sweet potatoes and 1 tbsp oil to a parchment-lined baking sheet. (NOTE: For 4 ppl, use 2 parchment-lined baking sheets, with 1 tbsp oil per sheet.) Season with 1/2 tsp (1 tsp) salt and pepper, then toss coat.
- Roast in the **middle** of the oven, flipping halfway through, until tender and goldenbrown, 22-24 min. (NOTE: For 4 ppl, roast in the middle and top of the oven, rotating sheets halfway through.)



Make sauce

- Meanwhile, drain, then finely chop half the pickles. (NOTE: Remaining whole pickles will be used in step 5.)
- Add chopped pickles, ketchup and mavonnaise to a small bowl. Season with salt and pepper, then stir to combine.



Prep quesadillas

🗘 Swap | Chorizo Sausage

O Swap | Beyond Meat®

- Thinly slice green onion.
- Add cheese, green onions and beef to a large bowl. Season with 1/4 tsp (1/2 tsp) garlic salt and pepper. Stir to combine.
- Arrange tortillas on a clean surface. Spread half the sauce over tortillas.
- Divide **beef mixture** evenly over one side of each tortilla. Fold tortillas in half to enclose filling.



3 | Prep Beyond Meat® and quesadillas

Swap | Chorizo Sausage

prep and cook the ground beef.*

If you've opted to get **chorizo**, prep and cook it in the same way the recipe instructs you to

1 tbsp

2 person

(2 tbsp)

4 person

oil

Ingredient

Swap | Beyond Meat®

Measurements

3 | Prep quesadillas

within steps

If you've opted to get **Beyond Meat**[®], prepare, cook and plate it the same way the recipe instructs you to prepare, cook and plate the beef.**



Cook quesadillas

- Heat a large non-stick pan over medium-high.
- When the pan is hot, add 3 quesadillas to the dry pan. Reduce heat to medium. Cook until golden-brown and beef is cooked through, 2-3 min per side.**
- Transfer quesadillas to a plate.
- Repeat with remaining quesadillas.



Finish and serve

- Divide quesadillas, sweet potato wedges and remaining pickles between plates.
- Serve **remaining sauce** on the side for dipping.