

# HELLO Panang-Style Tofu Curry with Zesty Lemongrass-Scented Rice

Deluxe Veggie

30 Minutes







3/4 cup | 1 1/2 cups





Broccolini 170 g | 340 g

Pepper 1 | 2







Lemongrass 1 2









Peanuts, chopped 28 g | 56 g

Coconut Milk 1 | 2



**Red Curry Paste** 



4 tbsp | 8 tbsp

Soy Sauce 2 tbsp | 4 tbsp



Peanut Butter 2 | 4



Thai Seasoning 1 tbsp | 2 tbsp

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Baking sheet, large pot, measuring cups, measuring spoons, medium bowl, medium pot, paper towels, zester



#### Cook rice

- Before starting, preheat the broiler to high.
- Wash and dry all produce.
- Remove outer layer of lemongrass, then halve crosswise. Using the back of a spoon or a pot, forcefully tap lemongrass to bruise.
- Heat a medium pot over medium heat.
- When hot, add ½ tbsp (1 tbsp) oil, then rice and half the lemongrass. Cook, stirring often, until lemongrass is fragrant, 2-3 min.
- Add 1 ¼ cups (2 ½ cups) water and ¼ tsp (¼ tsp) salt and bring to a boil over high.
- Once boiling, reduce heat to low. Cover and cook until rice is tender and liquid is absorbed, 12-14 min.
- Remove from heat.
- · Set aside, still covered.



#### Prep and broil tofu

- Pat tofu dry with paper towels, then cut into ½-inch pieces. Toss tofu with half the Thai Seasoning and ½ tbsp (1 tbsp) oil on an unlined baking sheet, then season with pepper and ½ tsp (¼ tsp) salt.
- Broil in the **middle** of the oven, stirring halfway through, until golden-brown, 9-10 min.



## Prep and make curry mixture

- Meanwhile, trim ends off **broccolini**, then cut into ½-inch pieces.
- Core, then cut **pepper** into ½-inch pieces.
- Zest, then juice lime.
- Combine red curry paste, soy sauce and coconut milk in a medium bowl. Season with pepper.



# Cook veggies

- Heat a large pot over medium-high heat.
- When hot, add **1 tbsp** (2 tbsp) **butter**, stir until melted, 30 sec.
- Add broccolini and peppers. Cook, stirring often, until veggies are beginning to soften, 1-2 min.



## Finish curry

- Add the curry mixture (from step 3), peanut butter, remaining lemongrass and remaining Thai Seasoning to the same pot, then stir to combine. Bring to a simmer. Once simmering, cook until curry thickens slightly and veggies are tender-crisp, 2-4 min.
- Remove from heat, then remove and discard the lemongrass. Stir tofu and 1 tbsp (2 tbsp) lime juice into the curry.



#### Finish and serve

- Remove and discard lemongrass from the rice. Fluff rice with a fork, then stir in ¼ tsp (½ tsp) lime zest and season with salt.
- Divide **rice** and **curry** between bowls.
- Sprinkle **peanuts** over top.

Measurements within steps 1 tbsp (2 tbsp) oil lngredie