

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Pantry items | Unsalted butter, salt, pepper

Cooking utensils | Colander, large non-stick pan, large pot, measuring cups, measuring spoons



Boil water and prep

- · Before starting, wash and dry all produce.
- Add 10 cups water and 1 tbsp salt to a large pot (use same for 4 ppl).
- Cover and bring to a boil over high heat.
- Meanwhile, carefully pierce tomatoes with a fork.
- Peel, then mince or grate garlic.



Cook ravioli

- Meanwhile, add ravioli to the boiling water. Cook, stirring occasionally, until tender, 3-4 min.
- drain and return **ravioli** to the same pot, off heat.



Toast walnuts

🕂 Add | Chicken Breast Tenders

- Heat a large non-stick pan over medium heat.
- When hot, add **walnuts** to the dry pan. Toast, stirring often, until golden-brown, 4-5 min. (TIP: Keep your eye on the walnuts so they don't burn.)
- Remove from heat.
- Transfer walnuts to a plate.



Blister tomatoes

- Reheat the same pan over medium.
- When hot, add 1 tbsp (2 tbsp) butter, then **tomatoes**. Cook, stirring occasionally, until blistered, 4-5 min. Season with salt and pepper.
- Remove from heat.
- Transfer tomatoes to another plate.



2 | Toast walnuts and cook chicken

🕂 Add | Chicken Breast Tenders

If you've opted to add chicken breast tenders, pat dry with paper towels. Season with **salt** and **pepper**. Heat the same pan over medium-high heat. When hot, add ½ tbsp (1 tbsp) oil, then chicken breast tenders. Sear until tenders are golden-brown and cooked through, 3-4 min per side.**

6 | Finish and serve

+ Add | Chicken Breast Tenders

Thinly slice chicken. Top bowls with chicken.



- Reserve 1 cup (2 cups) pasta water, then



Make sauce

- Reheat the same pan (from step 3) over medium.
- When hot, add 1 tbsp (2 tbsp) butter, then swirl the pan until melted. Add garlic. Cook, until fragrant, 30 sec.
- Sprinkle Cream Sauce Spice Blend over top. Stir to coat.
- Add ½ cup (1 cup) reserved pasta water, cream, pesto and half the Parmesan. Bring to a simmer, then reduce heat to mediumlow. Cook, stirring often, until **sauce** is smooth and thickens slightly, 1-2 min.
- Remove from heat.



Finish and serve

🕂 Add | Chicken Breast Tenders

- Add sauce and kale to the pot with ravioli. (TIP: For a lighter sauce consistency, add more reserved pasta water, 1-2 tbsp at a time, if desired.) Season with salt and pepper, then toss gently to combine, until kale wilts, 1 min.
- Divide ravioli between bowls. Top with blistered tomatoes.
- Sprinkle walnuts, half the chili flakes (use all for 4 ppl) and **remaining Parmesan** over top.

** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.