

HELLO Tex-Mex Shrimp Pasta with Corn and Boasted Bod Bonnon Bo

with Corn and Roasted Red Pepper Pesto

Family Friendly

30 - 40 Minutes





Customized Protein Add

(C) Swap

2 Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥

Salmon Fillets, skin-on 250 g | 500 g

570 g | 1140 g







285 g | 570 g



170 g | 340 g







113 g | 227 g



Green Onion





Pepper

2 | 4



Garlic, cloves





Roasted Pepper Pesto ¼ cup | ½ cup



2 tbsp | 4 tbsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Cooking utensils | Large bowl, large non-stick pan, large pot, measuring cups, measuring spoons, paper towels, strainer, whisk, zester



Prep

- Wash and dry all produce.
- In a large pot, add 10 cups water and 2 tsp salt.
- Cover and bring to a boil over high heat.
- Meanwhile, thinly slice green onions.
- Peel, then mince or grate garlic.
- Core, then cut **bell pepper** into ½-inch pieces.
- · Zest, then juice lime.
- Using a strainer, drain and rinse shrimp, then pat dry with paper towels.



Cook pasta and make sauce

- To the boiling water, add **penne**. Cook for 12-13 min, stirring occasionally, until tender. Reserve ¼ cup (½ cup) **pasta water**. Strain **penne**, then return to the pot, off heat.
- Meanwhile, in a large bowl, whisk together roasted red pepper pesto, sour cream, half the green onions, half the Tex-Mex paste, 1 tbsp lime juice and 1 tsp sugar.
- Season with salt and pepper. Set aside.



Cook veggies

- Heat a large non-stick pan over mediumhigh. When the pan is hot, add 1 tbsp
 (2 tbsp) oil, then peppers and corn.
- Cook for 4-5 min, stirring often, until peppers have softened.
- Transfer **veggies** to the large bowl with **Tex-Mex sauce**.



Cook shrimp

O Swap | Salmon Fillets, skin-on

2 Double | Shrimp

- Using the same pan, add another 1 tbsp (2 tbsp) oil, then shrimp, lime zest, garlic and remaining Tex-Mex paste
- Cook for 3-4 min, stirring occasionally, until shrimp just turn pink.**



Finish Pasta

- To the large bowl with Tex-Mex veggies, add shrimp, penne and reserved pasta water.
 Stir to combine.
- Season with salt and pepper to taste.



Finish and serve

- Divide **shrimp pasta** between plates.
- Sprinkle **remaining green onions** over top.

Measurements within steps

tbsp (2 tbsp)

ing Ingredien

oil

2-serving 4-serving Ingredi

For 6 servings

If you ordered 6 servings, triple the amounts in the 2-serving recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.

4 | Cook salmon

🔘 Swap | Salmon Fillets, skin-on 🕽

If you've opted for **salmon**, pat dry with paper towels. Season with **lime zest**, **garlic**, **remaining Tex-Mex paste**, **salt** and **pepper**. Reheat the same pan over medium-high. Add **1 tbsp** (2 tbsp) **oil** to pan, then **salmon**. Cook for 3-5 min per side, until **salmon** is cooked through.** Break **salmon** up into large pieces, removing and discarding skin. Continue with the rest of the recipe as written.

4 | Cook shrimp

2 Double | Shrimp

If you've opted for **double shrimp**, prep and cook in the same way the recipe instructs you to prep and cook the **regular portion of shrimp**. Work in batches, if necessary.