

# **HELLO**FRESH Sun-Dried Pesto Butternut Squash Pasta

with Spinach and Tomato

Veggie

25 Minutes



Italian Sausage 250 g | 500 g









2 Double

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥





**Butternut Squash** Ravioli



350 g | 700 g







Garlic, cloves 2 | 4





Cream Cheese



**Baby Tomatoes** 113 g | 227 g



Almonds, sliced 28 g | 56 g

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Large non-stick pan, large pot, measuring cups, measuring spoons, strainer



# Prep

- Before starting, wash and dry all produce.
- Add 10 cups water and 1 tbsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Peel, then mince or grate garlic.
- Halve baby tomatoes.



# Toast nuts

- Heat a large non-stick pan over medium-high
- When hot, add **almonds** to the dry pan. Toast, stirring often, until golden, 3-4 min. (TIP: Keep your eye on them so they don't burn!)
- Transfer to a plate.



# Cook tomatoes

### 🕕 Add 📗 Italian Sausage 🗋

- Reheat the pan to medium-high.
- Add 1 tbsp (2 tbsp) oil, then tomatoes. Cook, stirring occasionally, until burst, 3-4 min.
- Add garlic. Cook, stirring constantly, until fragrant, 30 sec.
- · Season with salt and pepper.



# 5 | Make sauce

Measurements

within steps

1 tbsp

2 person

3 | Cook tomatoes and sausage

If you've opted to add **sausage**, reheat the pan to medium-high. Add 1/2 tbsp (1 tbsp) oil, then sausage. Cook, breaking up sausage into

Transfer to a plate. Reuse the same pan to

cook tomatoes. Once sauce is finished, add

smaller pieces, until no pink remains, 4-5 min.\*\* Season with **salt** and **pepper**.

🕀 Add 📗 Italian Sausage

4 person

oil

Ingredient

#### Add | Italian Sausage

sausage to the pot with pasta.

Add sausage to the pot with sauce, spinach, pesto and pasta. Proceed with instructions as written.



# Cook ravioli

- Add ravioli to the boiling water, then reduce heat to medium. Cook, stirring occasionally, until tender, 2-3 min.
- Reserve ¼ cup (½ cup) pasta water, then strain well and return to the same pot, off heat.



#### Make sauce

#### 🖶 Add 📗 Italian Sausage 🗋

- Add cream cheese and reserved pasta water to the pan with tomatoes. Cook until combined, 2-3 min.
- Add sauce, spinach and sun-dried tomato pesto to the pot with ravioli.
- · Gently stir to combine.
- Season with salt and pepper, to taste.



# Finish and serve

- Divide pasta between bowls.
- Sprinkle over almonds.