

St. Jean Baptiste Maple Bacon-Wrapped Chicken



with Goat Cheese Stuffing and Peach Relish

Grill

35 Minutes







Chicken Breasts 2 | 4



100 g | 200 g



Ciabatta Roll



1 | 2







Red Wine Vinegar 1 tbsp | 2 tbsp



Shallot



1 | 2



7 g | 14 g



Goat Cheese ¼ cup | ½ cup



Maple Syrup 2 tbsp | 4 tbsp



Whole Grain Mustard 1 tbsp | 2 tbsp



Zesty Garlic Blend 1 tbsp | 2 tbsp

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Prep

- Before starting, wash and dry all produce.
- · Lightly oil the grill.
- While you prep, preheat the grill to medium (approx. 400°F).
- Peel, then cut **shallot** into 1/8-inch pieces.
- Thinly slice chives.
- Cut four sections off of **peach**, avoiding the pit. Cut each section into ¼-inch pieces.
- Trim and discard bottom 1 inch from asparagus. Transfer to a plate. Drizzle 1 tsp (2 tsp) oil overtop. Season with 1 tsp (2 tsp) Zesty Garlic Blend, salt and pepper. Toss to coat.
- Halve ciabatta rolls.



Stuff chicken

- Open up chicken like a book. Season both sides with remaining Zesty Garlic Blend, salt and pepper.
- Top one side of each chicken breast with goat cheese, pressing down lightly with fingers to adhere. Fold other side over filling.
- Wrap 2 bacon strips around each piece
 of chicken, ensuring cut side of chicken is
 wrapped firmly. (TIP: Overlapping strips by
 1 inch helps keep bacon on chicken!)



Make relish

- Combine maple syrup and whole grain mustard in a small bowl.
- Add shallots, peaches, vinegar, half the maple-mustard mixture and 1 tbsp (2 tbsp) water to a small pot. Bring to a simmer over high.
- Once simmering, reduce to medium-low.
 Cook, stirring often, until peaches soften slightly and liquid has been absorbed,
 2-4 min.
- Remove from heat. Season with salt and pepper. Stir in half the chives.



Measurements

within steps

1 tbsp

(2 tbsp)

oil

Make garlic-chive butter and prep chicken

- Melt 1 tbsp (2 tbsp) butter in a small microwavable bowl, or in a small pan over low heat. Add remaining chives and 1 tsp (2 tsp) Zesty Garlic Blend. Season with salt and pepper. Stir to mix.
- Pat **chicken** dry with paper towels.
- On a clean cutting board, carefully slice into the centre of each chicken breast, parallel to cutting board, leaving ½-inch intact on the other end.



Grill chicken and asparagus

- Add chicken to the grill. Then, close lid and grill, flipping once, until chicken is cooked through, 6-8 min per side.**
- Once chicken is flipped, add asparagus on the other side of the grill. Grill, flipping once, until tender-crisp, 5-7 min.
- When chicken and asparagus are almost done, add ciabatta to grill, cut-sides down.
 Grill, flipping once, until toasted and lightly charred, 2-4 min.



Finish and serve

- Brush ciabatta with garlic-chive butter.
- Thinly slice **chicken**, if desired.
- Divide **garlic bread**, **chicken** and **asparagus** between plates.
- Drizzle remaining maple-mustard over chicken.
- Spoon peach relish over chicken.

^{*} Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

^{**} Cook chicken and bacon to minimum internal temperatures of 74°C/165°F and 71°C/160°F a, as size may vary.