



Sweet Chili Chicken

with Cashews and Buttered Seasoned Rice

30 Minutes

Customized Protein + Add ↻ Swap or *2 Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, [visit hellofresh.ca](https://www.hellofresh.ca)

↻ Swap 	↻ Swap
Chicken Breasts 2 4	Tofu 1 2



Chicken Thighs 280 g 560 g	Sweet Bell Pepper 1 2
Shanghai Bok Choy 1 2	Basmati Rice ¾ cup 1 ½ cup
Soy Sauce 2 tbsp 4 tbsp	Sweet Chili Sauce 4 tbsp 8 tbsp
Thai Seasoning 1 tbsp 2 tbsp	Cornstarch 1 tbsp 2 tbsp
Cashews, chopped 28 g 56 g	Garlic, cloves 1 2

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Pantry items | Pepper, unsalted butter, oil, salt

Cooking utensils | Large bowl, large non-stick pan, measuring cups, measuring spoons, medium pot, paper towels, small bowl

1



Cook rice

• Before starting, wash and dry all produce.

- Combine **rice**, **Thai Seasoning**, **1 ¼ cups** (2 ½ cups) **water** and **¼ tsp** (½ tsp) **salt** in a medium pot.
- Cover and bring to a boil over high heat.
- Once boiling, reduce heat to low.
- Cover and cook until **rice** is tender and liquid is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.

4



Brown chicken and cook veggies

🔄 Swap | Tofu

- Return the same pan to medium-high.
- Add **1 tbsp** (1 ½ tbsp) **oil**, then **chicken**.
- Cook, stirring occasionally, until golden-brown, 2-3 min.
- Add **peppers**. Cook, stirring often, until slightly softened, 1-2 min.
- Add **bok choy**.
- Cook, stirring occasionally, until **veggies** are tender-crisp, 3-4 min.
- Season with **salt** and **pepper**.

2



Prep

🔄 Swap | Chicken Breasts

🔄 Swap | Tofu

- Meanwhile, core, then cut **pepper** into ½-inch pieces.
- Cut **bok choy** into 1-inch pieces.
- Peel, then mince or grate **garlic**.
- Pat **chicken** dry with paper towels, then cut into 1-inch pieces.
- Add **chicken**, **half the cornstarch** and **½ tbsp** (1 tbsp) **soy sauce** to a large bowl.
- Season with **salt** and **pepper**; toss to coat.

5



Finish chicken

- Add **chili sauce mixture** and **garlic** to the pan with **chicken** and **veggies**.
- Cook, stirring often, until **sauce** thickens slightly and **chicken** is cooked through, 1-2 min. **
- Roughly chop **cashews**.

3



Make sauce and toast cashews

- Heat a large non-stick pan over medium heat.
- While the pan heats, combine **sweet chili sauce**, **remaining soy sauce**, **remaining cornstarch** and **½ cup** (1 cup) **water** in a small bowl.
- When hot, add **cashews** to the dry pan.
- Toast, stirring occasionally, until golden and nutty, 4-5 min. (TIP: Keep your eye on the cashews so they don't burn.)
- Transfer to a plate.

6



Finish and serve

- Add **1 tbsp** (2 tbsp) **butter** to the pot with **rice**, then fluff with a fork until **butter** melts.
- Season with **salt** and **pepper**, to taste.
- Divide **rice** between plates. Top with **chicken** and **veggies**.
- Sprinkle **cashews** over top.

Measurements
within steps

1 tbsp (2 tbsp) oil
2 person 4 person Ingredient

2 | Prep

🔄 Swap | Chicken Breasts

If you've opted to get **chicken breasts**, prep and cook them in the same way the recipe instructs you to prep and cook the **chicken thighs**.**

2 | Prep

🔄 Swap | Tofu

If you've opted to get **tofu**, pat **tofu** dry with paper towels. Using a fork, poke **tofu** all over, then cut into 1-inch pieces. Season **tofu** in the same way the recipe instructs you to season the **chicken**.

4 | Cook tofu and veggies

🔄 Swap | Tofu

Cook **tofu**, turning occasionally, until crispy and golden-brown all over, 6-7 min. Follow the rest of the recipe as written.

* Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

** Cook to a minimum internal temperature of 74°C/165°F.