

# Jam-Packed Chicken and Shrimp Fajitas

with Green Onion Rice

Shareables

40 Minutes







2 | 4



Basmati Rice



285 g | 570 g



3/4 cup | 1 1/2 cups



Flour Tortillas

6 | 12



Corn on the Cob





**Red Onion** 





1 | 2







2 | 4





Sour Cream



Tex-Mex Paste 1 tbsp | 2 tbsp



Feta Cheese, crumbled 1/2 cup | 1 cup





Cooking utensils | Aluminum foil, baking sheet, large non-stick pan, measuring cups, measuring spoons, medium pot, paper towels, parchment paper, small bowl, strainer, zester



## Start corn

- Before starting, preheat the oven to 475°.
- Wash and dry all produce.
- Husk corn, then halve crosswise.
- Layer two 24x12-inch pieces of foil. Place corn on one side of the foil. Drizzle with 1 tsp (2 tsp) oil and 1 tbsp (2 tbsp) water. Season with salt and pepper. Flip to coat. Fold foil in half over **corn** and pinch firmly to seal pouch. (NOTE: For 4 ppl, make 2 pouches, using 2 sheets of foil per pouch.)
- Place pouch on top rack of oven. Roast until tender, 24-28 min. When done, remove and keep wrapped.



### Cook rice and start prep

- Add 1 ¼ cups (2 ½ cups) water, 1 tbsp (2 tbsp) butter and 1/8 tsp (1/4 tsp) salt to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, add **rice**, then reduce heat to low. Cover and cook until **rice** is tender and liquid is absorbed, 12-14 min.
- Remove from heat. Set aside, still covered.
- While rice cooks, zest lime, then cut into wedges.
- Core, then cut peppers into ½-inch strips.



# Finish prep

- Peel, then cut red onion into ¼-inch slices.
- Thinly slice green onions.
- Add sour cream and lime zest to a small bowl. Season with salt and pepper. Stir
- Using a strainer, drain and rinse shrimp, then pat dry with paper towels.
- Add shrimp, Tex-Mex paste and ½ tbsp



- to mix.
- (1 tbsp) oil to one half of a parchment-lined baking sheet. Season with **salt** and **pepper**. Toss to coat.



# Cook chicken and shrimp

- Reheat pan over medium. Add ½ tbsp (1 tbsp) oil, peppers, red onions and 1 tbsp (2 tbsp) water. Season with salt and pepper. Cook, stirring often, until liquid evaporates and **veggies** are tender-crisp, 4-6 min.
- Wrap tortillas in foil, then place in the top of the oven until warm, 4-5 min. (TIP: Skip this step if you don't want to warm the tortillas!)

# Finish and serve

- Fluff rice with fork. Stir in half the green onions.
- Unwrap corn. Spread some of the lime crema over top. Sprinkle some feta over top.
- Thinly slice chicken. Divide rice, corn, chicken, **shrimp** and **tortillas** between plates.
- Sprinkle **remaining green onions** over chicken and shrimp.
- Serve with sauteed veggies, remaining lime crema, remaining chipotle sauce and remaining feta.
- Squeeze a **lime** wedge over top, if desired.





# Prep and sear chicken

- · Heat a large non-stick pan over medium-high heat.
- While pan heats, pat chicken dry with paper towels. Season with salt and pepper.
- When hot, add 1 tbsp (2 tbsp) oil, then **chicken**. Sear until golden-brown, 2-3 min per side. (NOTE: Chicken will finish cooking in step 5.)
- Remove from heat and transfer chicken to other half of baking sheet. Spread 1 tbsp (2 tbsp) chipotle sauce over chicken.
- Roast in the **middle** of the oven, until **chicken** is cooked and **shrimp** just turn pink, 5-8 min.\*\*

<sup>\*</sup> Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening. \*\* Cook shrimp to a minimum internal temperature of 74°C/165°F, and chicken to a minimum internal temperature of 74°C/165°F, as size may vary.