

Chicken 'Cordon Bleu'

with Baby Tomatoes, Broccoli and Sous Vide Potatoes



40 Minutes



Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Pantry items | Oil, salt, pepper, unsalted butter

Cooking utensils 2 baking sheets, large non-stick pan, measuring cups, measuring spoons, 2 medium bowls, paper towels, parchment paper, plastic wrap, slotted spoon,



Cook bacon

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Heat a large non-stick pan over medium-high heat.
- Meanwhile, cut **bacon** crosswise into ¹/₄-inch strips.
- When hot, add **bacon**.
- Cook, flipping occasionally, until crispy, 5-7 min.** (TIP: Reduce heat to medium if bacon is browning too quickly.)
- Remove the pan from heat.
- Using a slotted spoon, transfer bacon to a paper towel-lined plate. Set aside.
- Reserve bacon fat in the pan.



Prep and stuff chicken

- Combine cheddar, cream cheese and bacon in a medium bowl.
- Carefully slice into the centre of each breast, parallel to the cutting board. Leave 1/2 inch intact on the other end.
- Cover each breast with plastic wrap.
- Using a rolling pin or heavy pan, pound each breast until ¹/₂-inch thick. Season with salt and **pepper**.
- Top one side of each breast with bacon filling, then fold like a book to enclose filling.



Prep and cook veggies

- Meanwhile, cut broccoli into bite-sized pieces.
- Thinly slice chives.
- Poke tomatoes with a fork.
- Carefully discard any bacon fat in the pan, then wipe clean. Reheat the same pan over medium-high.
- When hot, add **broccoli**, **tomatoes**, 1/4 cup (1/2 cup) water and 1 tbsp (2 tbsp) butter. Season with salt and pepper.
- Cook, tossing often, until tomatoes soften and broccoli is tender, 5-6 min.
- Remove from heat. Add half the chives, then toss to combine.



Cook chicken

- Reheat pan with reserved bacon fat over medium-high.
- When hot, add chicken. Sear, keeping each breast closed, until golden, 2-3 min per side.
- Meanwhile, combine breadcrumbs and 1 tsp (2 tsp) **oil** in a medium bowl.
- Transfer to a parchment-lined baking sheet.
- Spread Dijon over chicken, then top with **breadcrumb mixture**, pressing down gently to adhere.
- Bake in the **middle** of oven until **chicken** is cooked through, 12-14 min.**



1 tbsp

2 person

(2 tbsp)

4 person

oil

Ingredient

Cook sous vide potatoes

Measurements

within steps

- While chicken sears, drain, then pat potatoes very dry with paper towels.
- Add potatoes and 1 tbsp (2 tbsp) oil to another parchment-lined baking sheet. Season with salt and pepper, then toss to coat.
- Roast in the **bottom** of the oven for 14-16 min, flipping halfway through, until tender and golden-brown.



Finish and serve

- Add sour cream and remaining chives to a small bowl. Season with salt and pepper, then stir to combine.
- Divide chicken, potatoees and veggies between plates.
- Serve chive sour cream alongside potatoes.

* Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening. ** Cook bacon and chicken to minimum internal temperatures of 71°C/160°F and 74°C/165°F, respectively.