

Creamy Chicken Pot Pie-Inspired Pasta

with Fresh Linguine

Fresh Pasta

30 Minutes





Chicken Breasts •



2 | 4



Cream Cheese



2 | 4





Carrot



Green Peas

1 | 2





Cream Sauce Spice Blend



1 tbsp | 2 tbsp





56 ml | 113 ml



1 | 1





Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Prep

- Before starting, wash and dry all produce.
- Add **10 cups water** and **1 tbsp salt** to a large pot (use same for 4 ppl).
- Cover and bring to a boil over high heat.
- Meanwhile, peel, then cut **half the onion** (whole onion for 4 ppl) into ½-inch pieces.
- Peel, then halve carrot lengthwise and slice into ¼-inch half-moons.
- Pat chicken dry with paper towels. Cut into 1-inch pieces, then sprinkle over half the Dill-Garlic Spice Blend (use all for 4 ppl).
 Season with salt and pepper.



Cook chicken and pasta

- Meanwhile, heat a large non-stick pan over medium-high heat.
- When hot, add 1 tbsp (2 tbsp) oil, then chicken.
- Cook, stirring occasionally, until goldenbrown and cooked through, 4-6 min.**
- Transfer to a plate.
- Meanwhile, add linguine to the boiling water. Cook uncovered, stirring occasionally, until tender, 3-4 min.
- Reserve ¾ cup (1 ½ cups) pasta water in a medium bowl, then drain and return linguine to the same pot, off heat.



Measurements

within steps

1 tbsp

oil

Cook veggies

- Reheat the same pan over medium, then add
 1 tbsp (2 tbsp) butter. Swirl the pan to melt
 butter.
- Add carrots, peas and onions to the pan.
- Cook, stirring often, until **veggies** are tender-crisp, 2-3 min.
- Sprinkle **Cream Sauce Spice Blend** over top. Cook, stirring often, until coated, 1 min.



Make sauce

- Whisk cream cheese, 1 tsp (2 tsp) chicken stock powder and reserved pasta water into the pan, until cream cheese melts and sauce thickens slightly, 3-4 min.
- Remove the pan from heat.



Assemble pasta

 Add sauce from pan, cream, chicken (including any juices from the plate) and half the Parmesan into the pot with linguine.
 Stir to combine.



Finish and serve

- Divide **pasta** between bowls.
- Sprinkle remaining Parmesan over top.

- * Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.
- ** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.