

Garlic Crunch Jumbo Shrimp Noodles

with Tangy Teriyaki Sauce

Stir-Fry Special 30 Minutes





Jumbo Shrimp 285 g | 570 g



Ramen Noodles 200 g | 400 g



Sugar Snap Peas









Mushrooms 113 g | 227 g









Garlic, cloves

2 | 4







Teriyaki Sauce 4 tbsp | 8 tbsp



Garlic Spread 2 tbsp | 4 tbsp



Cream Sauce Spice Blend 1 tbsp | 2 tbsp



Breadcrumbs 1/4 cup | 1/2 cup

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Large bowl, large non-stick pan, large pot, measuring cups, measuring spoons, medium bowl, paper towels, shallow dish, small bowl, strainer



Start prep

- Before starting, wash and dry all produce.
- Add 10 cups hot water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Peel, then mince garlic.
- Trim sugar snap peas.
- Core, then cut **peppers** into 1/4-inch slices.
- Thinly slice mushrooms.
- Transfer snap peas, peppers and mushrooms to a large bowl.
- Thinly slice green onions.



Make garlic crunch and prep shrimp

- Heat a large non-stick pan over medium-high heat.
- When hot, add ½ tbsp (1 tbsp) oil, panko and garlic. Season with salt and pepper. Cook, stirring often until golden-brown and fragrant, 2-3 min.
- Transfer to a small bowl. Carefully wipe out pan.
- Using a strainer, drain and rinse shrimp. Pat dry with paper towels. Remove and discard shrimp tails.
- Add shrimp and ½ tbsp (1 tbsp) oil to a shallow dish. Sprinkle with Cream Sauce Spice Blend.
 Season with salt and pepper. Toss to coat.



Cook noodles

- Using hands, gently loosen noodle bundles and unclump if necessary.
- Add noodles to the boiling water. Cook uncovered until tender, 2-4 min.
- While noodles cook, combine teriyaki sauce, soy-mirin blend and 2 tbsp (4 tbsp) water in a medium bowl.
- Drain noodles, then rinse under warm water. Return noodles to the same pot, off heat. Add garlic spread, then gently toss to coat. Using a pair of scissors, make a few cuts in the pot to cut up noodles. Cover and set aside.



Cook veggies and shrimp

- Reheat pan over medium-high. When hot, add 1 tbsp (2 tbsp) oil, then mushrooms, peppers and snap peas. Cook stirring often until veggies are tender-crisp and lightly golden, 4-5 min. Season with salt and pepper. Return to the same bowl.
- Reheat pan over medium-high. When hot, add 1 tbsp (2 tbsp) oil, then shrimp. Reduce heat to medium. Cook, flipping once until shrimp just turn pink, 2-3 min.**
- Transfer to a plate and cover to keep warm.



Make sauce

- Reheat pan over medium-low heat. Add three quarters of the teriyaki sauce mixture. Cook, stirring often until sauce is warmed through, 30 sec.
- Add noodles and veggies. Season with salt and pepper. Stir to coat.



Finish and serve

- Divide **noodles and veggies** between plates.
- Drizzle remaining teriyaki sauce mixture over top.
- Top with shrimp.
- Sprinkle garlic-crunch over shrimp.
- Sprinkle green onions over top.

** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.