

HELLO Speedy BBQ Chicken Sandwiches with Dill Pickle Coleslaw

15 Minutes



Breasts (2 4

Customized Protein Add Swap







If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca





Chicken Breast Tenders •



310 g | 620 g









BBQ Sauce 4 tbsp | 8 tbsp

Cabbage Mix 170 g | 340 g



Ranch Dressing



4 tbsp | 8 tbsp

BBQ Seasoning 1 tbsp | 2 tbsp



Dill Pickle, sliced 90 ml | 180 ml

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Aluminum foil, baking sheet, large bowl, measuring spoons, paper towels



Broil chicken

- Before starting, preheat broiler to high.
- · Wash and dry all produce.

🗘 Swap | Chicken Breasts

- Line a baking sheet with foil.
- Pat **chicken** dry with paper towels, then add to prepared sheet.
- Season with BBQ Seasoning and pepper, then drizzle ½ **tbsp** (1 tbsp) **oil** over top. Toss to coat.
- Broil in the middle of the oven until cooked through, 9-11 min.**



Make slaw

- Meanwhile, pour pickle brine into large
- Finely chop half the pickle slices. Set remaining pickle slices aside for serving.
- Add ranch dressing, chopped pickles and coleslaw cabbage mix to bowl with pickle brine. Season with salt and pepper, then toss to combine.



Toast buns

- the buns so that they don't burn!)



- Halve buns.
- While **chicken** broils, arrange **buns** directly on **top** rack of the oven, cut-sides up. Toast until golden, 1-2 min. (TIP: Keep an eye on



Finish chicken

- When chicken is cooked through, carefully remove from the oven.
- Drizzle **BBQ sauce** over top, then toss to coat.
- If desired, return to oven to warm BBQ sauce through.



Finish and serve

- Stack chicken and any remaining sauce from sheet on bottom buns. Add pickle slices. (TIP: Add some slaw to sandwiches, if desired!) Close with top buns.
- Divide sandwiches, slaw and any remaining pickles between plates.

Measurements within steps

1 tbsp

oil

Ingredient

1 | Broil chicken



If you've opted to get chicken breasts, cut into 1-inch wide strips, then prepare and cook them in the same way the recipe instructs you to prepare and cook the **chicken** breast tenders.

^{*} Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

^{**} Cook to a minimum internal temperature of 74°C/165°F, as size may vary.