



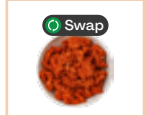
# Sunny California-Style Turkey Rice Bowl

## with Guacamole-Ranch Dressing

15 Minutes

Customized Protein **+** Add **↻** Swap or **×2** Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, [visit hellofresh.ca](http://www.hellofresh.ca)



Chorizo Sausage, uncased  
250 g | 500 g



Ground Turkey  
250 g | 500 g



Baby Tomatoes  
113 g | 227 g



Guacamole  
3 tbsp | 6 tbsp



Ranch Dressing  
2 tbsp | 4 tbsp



Cheddar Cheese, shredded  
1/4 cup | 1/2 cup



Radish  
3 | 6



Zesty Garlic Blend  
1 tbsp | 2 tbsp



Jasmine Rice  
3/4 cup | 1 1/2 cups



Edamame  
56 g | 113 g

**Allergens** Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Pantry items | Pepper, oil, salt

Cooking utensils | Large non-stick pan, measuring cups, measuring spoons, medium pot, small bowl, whisk

1



### Cook rice

- Before starting, add 1 ¼ cups (2 ½ cups) water and ⅛ tsp (¼ tsp) salt to a medium pot. Cover and bring to a boil over high heat.
- Wash and dry all produce.

- Add **rice** to the boiling water, then reduce heat to low. Cover and cook, until **rice** is tender and liquid is absorbed, 12-14 min. Remove from heat. Set aside, still covered.

4



### Finish and serve

- Fluff the **rice** with a fork. Season with **salt** and **pepper**.
- Divide **rice** between bowls.
- Top with **turkey mixture**, **radishes** and **cheese**.
- Dollop **guacamole-ranch dressing** over top.

2



### Prep radishes and make dressing

- Slice **radish** into ¼-inch rounds.
- Add **guacamole** and **ranch** to a small bowl. Season with **salt** and **pepper**, then whisk together.

3



### Cook turkey

Swap | **Chorizo Sausage, uncased**

- Heat a large non-stick pan over medium-high heat.
- When hot, add **1 tbsp** (1 tbsp) **oil**, then **turkey** and **edamame**. Cook, breaking up **turkey** into smaller pieces, until no pink remains, 4-5 min.\*\*
- Add **Zesty Garlic Blend** and **tomatoes**. Cook, stirring often, until fragrant, 1 min. Season with **salt** and **pepper**.

Measurements  
within steps

**1 tbsp** (2 tbsp) **oil**  
2 person 4 person Ingredient

### 3 | Cook chorizo

Swap | **Chorizo Sausage, uncased**

If you've opted to get **chorizo**, cook it in the same way the recipe instructs you to cook the **turkey**\*\*

\*\* Cook to a minimum internal temperature of 74°C/165°F.