

Scallop and Bacon Linguine with Spinach

Special Plus

35 Minutes





Jumbo Scallops 227 g | 454 g







237 ml | 474 ml



Bacon Strips

100 g | 200 g



Cream Sauce



Spice Blend 1 tbsp | 2 tbsp





Parmesan



Cheese, shredded

1 tbsp | 2 tbsp



Parsley



7 g | 14 g

Lemon 1 | 1

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Colander, large non-stick pan, large pot, measuring cups, measuring spoons, paper towels, slotted spoon, zester



Cook bacon

- Before starting, wash and dry all produce.
- Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Cut bacon into ¼-inch strips.
- Heat a large non-stick pan over medium-high heat.
- When hot, add bacon. Cook, stirring occasionally, until crispy, 5-7 min.** Remove the pan from heat. Using a slotted spoon, transfer bacon to a paper towel-lined plate and set aside.
- Carefully discard all but 1 tsp (2 tsp) bacon fat from the pan.



Sear scallops

- Heat the pan with **reserved bacon fat** (from step 1) over medium-high.
- When hot, add scallops. Pan-fry until golden-brown and cooked through, 2-3 min per side.**
- Transfer **scallops** to another plate.



Prep

- · Meanwhile, roughly chop parsley.
- Roughly chop spinach.
- Zest, then juice half the lemon. Cut remaining lemon into wedges.
- Pat scallops dry with paper towels, pressing well to absorb as much moisture as possible.
 Season with salt and pepper.



Measurements

within steps

(2 tbsp)

1 tbsp

2 person

oil

Cook linguine

- Add linguine to the boiling water. Cook uncovered, stirring occasionally, until tender, 10-12 min.
- Reserve ½ cup (1 cup) pasta water, then drain linguine.



Make sauce

- Reheat the same pan over medium. When hot, add 2 tbsp (4 tbsp) butter, then spinach and garlic puree. Cook, stirring often, until spinach wilts, 1 min.
- Sprinkle **Cream Sauce Spice Blend** into the pan. Stir until **veggies** are coated, 30 sec.
- Add cream, 1 tsp (2 tsp) lemon zest, 2 tsp (4 tsp) lemon juice and reserved pasta water. Cook, stirring often, until sauce thickens slightly, 4 min. Season with salt and pepper.
- Add linguine, scallops and parsley. Toss to combine.



Finish and serve

- Divide linguine between plates. Top with bacon and Parmesan.
- Squeeze a **lemon wedge** over top, if desired.

** Cook scallops and pork to minimum internal temperatures of 74°C/165°F and 71°C/160°F, respectively.