

Grilled Spicy Caribbean Tofu Salad

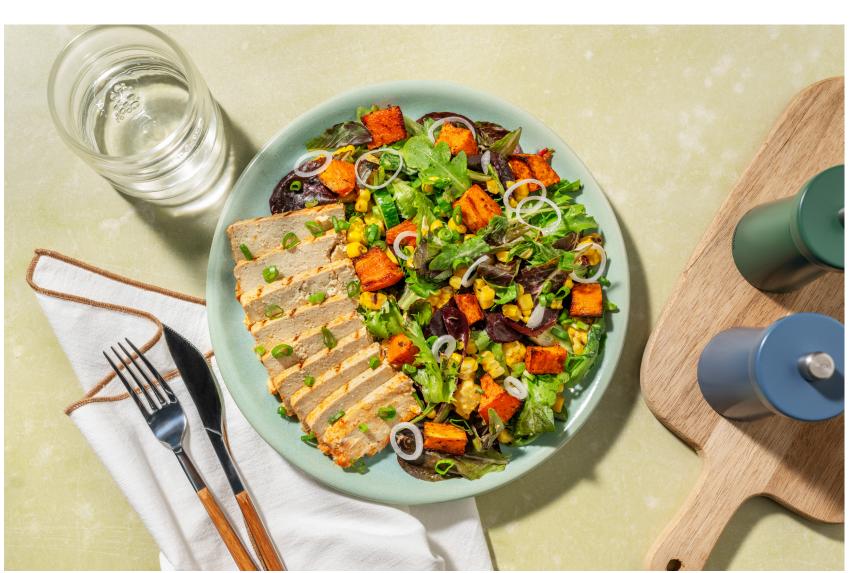
with Jerk Sweet Potatoes and Corn

Veggie

Grill

Spicy

35 Minutes





1 2





Corn on the Cob 1 2

Mini Cucumber



Spring Mix



56 g | 113 g









Red Wine Vinegar 2 tbsp | 4 tbsp 1 tbsp | 2 tbsp



1 tbsp | 2 tbsp



2 tsp | 4 tsp

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Baking sheet, large bowl, measuring spoons, medium bowl, paper towels, parchment paper, vegetable peeler, whisk



Roast sweet potatoes

- Before starting, preheat the oven to 450°F.
- · Wash and dry all produce.
- · Lightly oil the grill.
- While you prep, preheat the grill to 400°F over medium heat.
- Peel, then cut **sweet potatoes** into ½-inch pieces.
- Add sweet potatoes and 1 tbsp (2 tbsp) oil to a parchment-lined baking sheet. Season with salt, pepper and half the Jerk Spice Blend, then toss to coat.
- Roast in the **middle** of the oven, tossing halfway through, until golden-brown, 25-28 min.



Prep

- Meanwhile, husk corn.
- Halve **cucumber** lengthwise, then cut into ¼-inch half-moons.
- Thinly slice green onion.
- Pat tofu dry with paper towels. Cut tofu in half parallel to the cutting board. (NOTE: You will have two square tofu steaks per block.) Using a fork, poke tofu all over.
- Add tofu, half the sriracha, half the mayo and remaining Jerk Spice Blend to a medium bowl. Season with salt and pepper, then toss to coat.



Grill tofu and corn

- Add tofu to one side of the grill. Grill tofu, flipping once, until grill marked, 4-5 min per side.
- While tofu cooks, add corn to the other side of the grill. Close lid and grill, turning occasionally, until tender and grill marks form, 8-10 min.
- Transfer **corn** and **tofu** to a large plate.



Make salad dressing

 Add vinegar, remaining sriracha, remaining mayo and ¼ tsp (½ tsp) sugar to a large bowl. Season with salt and pepper, then whisk to combine.



Make salad

- When corn is cool enough to handle, with corn on its side, cut kernels from cob, turning cob as you go.
- Add corn, cucumbers and spring mix to the bowl with salad dressing, then toss to coat.



Finish and serve

- Thinly slice tofu.
- Divide salad and tofu between plates.
- Top salad with roasted sweet potatoes.
- Sprinkle with green onions.

Measurements within steps

1 tbsp (2 tbsp) oil lngredie