

Discovery Special

Spicy

35

35 Minutes



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Ingredient quantities 56 g 113 g

Pantry items | Sugar, oil, salt, pepper

Cooking utensils | Large bowl, large non-stick pan, measuring cups, measuring spoons, medium bowl, medium pot, paper towels, whisk



Cook rice

- Before starting, wash and dry all produce.
- Add **1** ¼ cups (2 ½ cups) water and ¼ tsp (¼ tsp) salt to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, add **rice**, then reduce heat to low. Cover and cook until **rice** is tender and liquid is absorbed, 12-14 min.
- Remove from heat. Set aside, still covered.



Start curry

- Pat chicken dry with paper towels.
- Reheat the same pan over medium-high.
- When hot, add ½ **tbsp** (1 tbsp) **oil**, then **chicken** and **half the garlic**. Cook, stirring often, until **chicken** is golden, 3-4 min.
- Add curry mixture (from step 3) to the pan. Bring sauce to a boil. Once boiling, reduce heat to medium-low. Cook, stirring often, until mixture thickens and chicken is cooked through, 6-8 min.**
- Add **sugar snap peas**. Cook, stirring often, until tender-crisp, 1-3 min.



Prep salad

- Trim ends of cucumbers.
- Using a rolling pin or the flat side of a meat mallet, gently smash **cucumbers** until flattened and beginning to burst.
- Cut cucumbers into 1-inch pieces.
- Transfer **cucumbers** to a large bowl. Sprinkle with 1/8 **tsp** (1/4 tsp) **salt**, then mix to combine.
- Set aside to allow salt to draw out excess moisture in **cucumbers**.

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Prep curry and toast cashews

- Meanwhile, trim, then halve **sugar snap peas**.
- Peel, then mince or grate garlic.
- Combine cornstarch, oyster sauce, stock powder, curry paste, half the soy sauce and ¾ cup (1 ½ cups) cold water in a medium bowl. Season with pepper.
- Heat a large non-stick pan over medium heat.
- When hot, add cashews to the dry pan. Toast, stirring often, until golden-brown, 4-5 min.
 (TIP: Keep your eye on them so they don't burn!) Remove from heat.
- Transfer cashews to a plate.



Finish and serve

- Fluff rice with a fork, then stir in remaining sesame oil. Divide between bowls.
- Spoon chicken curry over rice. Sprinkle cashews over top.
- Serve smashed cucumber salad alongside.

as possible.
Add half the vinegar (use all for 4 ppl), half the sesame oil, remaining garlic, remaining soy sauce and ½ tsp (1 tsp) sugar to the

Using a strainer, drain and rinse cucumbers

under cold water. Shake as much water off

Make cucumber salad

- large bowl (from step 2). Season with **pepper**, then whisk to combine.
- Add **cucumbers** to the bowl, then toss to coat.

* Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

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** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

Measurements within steps 1 tbsp (2 tbsp) oil 2 person 4 person Ingredient