

# HELLO SuperQuick Beef and Mushroom Melt

with Mozzarella Cheese

15 Minutes



Turkey **250 g | 500 g** 







If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🦫





**Ground Beef** 



250 g | 500 g





Beef Stock Powder



1 tbsp | 2 tbsp

Cheese, shredded 3/4 cup | 1 1/2 cups



Onion, sliced 56 g | 113 g



Mushrooms 113 g | 227 g



Spring Mix



56 g | 113 g

Ranch Dressing 2 tbsp | 4 tbsp



Salad Topping 28 g | 56 g



Garlic Spread 2 tbsp | 4 tbsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Baking sheet, large bowl, large non-stick pan, measuring cups



#### Cook beef and onions

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

#### Swap | Ground Turkey

- Heat a large non-stick pan over high heat.
- When hot, add beef and onions to the dry pan. Cook, breaking up beef into smaller pieces, until no pink remains, 3-4 min.\*\*
- Carefully drain and discard excess fat.
- Season with salt and pepper.



## Prep and cook veggies

- While beef cooks, thinly slice mushrooms.
- Once beef is cooked, add mushrooms and half the garlic spread to the pan.
- Cook, stirring often, until **mushrooms** have softened, 2-3 min.



### Finish filling and toast buns

- Add half the beef stock powder (use all for 4 ppl) and 1/4 cup (1/2 cup) water. Cook, stirring often, until slightly thickened, 1-2 min.
- Remove the pan from heat, then top with cheese and cover to allow cheese to melt.
- Meanwhile, halve **buns** and spread **cut sides** with **remaining garlic spread**.
- Arrange on a baking sheet, cut-sides up, then broil until golden-brown, 1-2 min. (TIP: Keep an eye on buns so they don't burn!)



#### Finish and serve

- Add **spring mix** to a large bowl.
- Drizzle ranch dressing over top, then toss to combine.
- Top with salad topping mix.
- Divide filling between buns.
- Divide melts and salad between plates.

Measurements within steps

(2 tbsp) 1 tbsp 2 person 4 person

oil

## 1 | Cook turkey and onions



If you've opted to get **turkey**, cook it in the same way the recipe instructs you to cook the