

Crispy Buffalo Tofu Sammies with Ranch-Dressed Salad

Spicy

28 Minutes

















1 | 2

Breadcrumbs 3⁄3 cup | 1 1⁄3 cups



Hot Sauce



2 tbsp | 4 tbsp



Mini Cucumber



2 tbsp | 4 tbsp 1 | 2



Dill Pickle, sliced





Baby Heirloom Tomatoes 90 ml | 180 ml 113 g | 227 g



Mayonnaise 2 tbsp | 4 tbsp







Croutons 56 g | 112 g

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Prep

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.
- Cut cucumber into 1/4-inch rounds.
- Halve tomatoes.
- Drain, then roughly chop pickles.
- Remove and discard outer layer of lettuce. Remove stem, then cut **lettuce** into ¼-inch slices.
- Pat **tofu** dry with paper towels. Cut **tofu** in half parallel to the cutting board. (NOTE: You will have two square tofu steaks per block.)



Coat tofu

- Add panko to a shallow dish.
- Whisk egg in a medium bowl. Season with salt and pepper.
- Sprinkle 1 tbsp (2 tbsp) flour all over tofu. Dip **tofu** into **egg**, turning to coat all sides.
- Transfer tofu to the shallow dish with panko. Turn to coat all sides.



Fry tofu

- Line a plate with paper towels. Set aside.
- Heat a large non-sick pan over medium heat.
- When hot, add ¼ cup (½ cup) oil, then tofu. Fry until golden-brown and crisp, 2-3 min per side.
- Transfer **tofu** to the prepared plate. Season with salt.



Toast buns

- Halve buns. Arrange on an unlined baking sheet, cut-sides up. Spread ½ tbsp (1 tbsp) butter on each half.
- Toast in the middle of the oven until golden-brown, 3-4 min. (TIP: Keep an eye on buns so they don't burn!)



Toss salad

- Set aside some shredded lettuce for sammies.
- Add remaining lettuce, croutons, cucumbers, tomatoes and ranch to a large bowl. Season with salt and pepper, then toss to coat.



Finish and serve

- Stir together **hot sauce** and **honey** in a small bowl.
- In another small bowl, combine mayo and chopped pickles.
- Spread mayo-pickle mixture on top and bottom buns. Stack lettuce and tofu on bottom buns. Drizzle as much hot honey over top as desired. Close with **top buns**.
- Divide tofu sammies and salad between plates.

Measurements 1 tbsp within steps 2 person

oil