

# **HELLO** FRESH Pork and Apple Burgers with Reasted Potatoes and Mixed Green

with Roasted Potatoes and Mixed Greens Salad

Family Friendly 25-35 Minutes

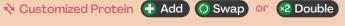
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Beyond

Meat<sup>®</sup> 2 | 4

Ground

Turkey 250 g | 500 g



If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🚱



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



#### Pantry items | Oil, sugar, salt, pepper

Cooking utensils | Baking sheet, measuring spoons, box grater, medim bowl, strainer, large non-stick pan, whisk, large bowl



#### Roast potato wedges

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Cut potatoes into 1/2-inch wedges.
- Add **potatoes**, **garlic salt** and **1 tbsp oil** to an unlined baking sheet. (NOTE: For 4 ppl, use 2 baking sheets, with 1 tbsp oil per sheet.)
- Season with **pepper**, then toss to coat.
- Roast in the **middle** of the oven, flipping halfway through, until tender and goldenbrown, 25-28 min. (NOTE: For 4 ppl, roast in the middle and bottom of the oven, rotating sheets halfway through.)



#### Toast buns

- Meanwhile, halve **buns**.
- Arrange directly on the **top** rack of the oven, cut-side up.
- Toast until golden brown, 3-4 min. (TIP: Keep an eye on buns so they don't burn!)



# Make patties

# 🔇 Swap | Ground Turkey

## Swap | Beyond Meat®

- Meanwhile, core apple, then coarsely grate half the apple using a box grater. (NOTE: The remaining apple will be used in step 5.)
- Transfer **grated apple** to a strainer. Using your hands, squeeze out any liquid.
- Add grated apple, pork, breadcrumbs, half the Dijon and ¼ tsp (½ tsp) salt to a medium bowl. Season with pepper, then combine.
- Using wet hands, form **mixture** into **two** (four) **4-inch-wide patties**.



# Assemble salad

- Meanwhile, thinly slice **remaining apple**.
- Add vinegar, remaining Dijon, ½ tsp (1 tsp) sugar and 1 tbsp (2 tbsp) oil to a large bowl.
  Season with salt and pepper, then whisk to combine.
- Add spring mix and apple slices. Toss to combine.



# **Cook** patties

- Heat a large non-stick pan over medium heat.
- When hot, add ½ **tbsp oil**, then **patties**. (NOTE: Don't overcrowd the pan; cook patties in 2 batches for 4 ppl, using ½ tbsp oil per batch.)
- Pan-fry until golden-brown and cooked through, 4-5 min per side.\*\*



## 2 | Make patties

#### 🔇 Swap | Ground Turkey

If you've opted to get **turkey**, prep and cook it in the same way you prep and cook the **pork**.\*\* Add **1 tbsp** (2 tbsp) **oil** to the pan before cooking **turkey patties**.

## 2 | Make Beyond Meat<sup>®</sup> patties

#### 🔇 Swap | Beyond Meat®

If you've opted to get **Beyond Meat**<sup>®</sup>, crumble **Beyond Meat**<sup>®</sup> into the bowl to form **patties** in the same way as the **pork**. Cook **Beyond Meat**<sup>®</sup> **patties** in the same way the recipe instructs you to cook **pork patties**.\*\*



## Finish and serve

- Spread mayo on bottom buns, then stack with patties and some salad. Close with top buns.
- Divide **burgers**, **potatoes** and **remaining salad** between plates.