

15 Minutes

🔁 Customized Protein 🕂 Add 🔿 Swap 2 Double or

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



🔿 Swap

Salmon Fillets,

skin-on

Sauce

Cooking utensils | Colander, large non-stick pan, large pot, measuring cups, measuring spoons, paper towels



Cook ramen and broccoli

- Before starting, add 10 cups water and 1 tbsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Wash and dry all produce.
- Cut broccoli into bite-sized pieces.
- Add **broccoli** and **ramen noodles** to the boiling water. Cook, uncovered, until tender, 2-3 min.
- Drain noodles and broccoli, reserving
 ¼ cup (½ cup) pasta/broccoli water. Return
 noodles and broccoli to the same pot, off heat.



Cook shrimp

🔇 Swap | Salmon Fillets, skin-on

- Drain, rinse then pat shrimp dry with paper towels.
- Heat a large non-stick pan over medium-high heat.
- When hot, add ½ tbsp (1 tbsp) oil, then shrimp. Cook, stirring occasionally, until shrimp just turn pink, 2-3 min.**
- Season with **salt** and **pepper**.



Cook sauce

• Add **plum sauce** and **vegetarian oyster sauce**. Cook, stirring often, until **shrimp** are coated, 1-2 min.



2 | Cook salmon

🚫 Swap | Salmon Fillets, skin-on 🗋

If you've opted to get **salmon**, season it in the same way the recipe instructs you to season the **shrimp**. Heat a large non-stick pan over medium-high heat. When hot, add **1/2 tbsp** (1 tbsp) **oil**, then **salmon**. Cook, flipping once, until **salmon** is cooked through, 2-3 min per side.** Transfer **salmon** to a plate. Set aside

4 | Finish and serve

🔇 Swap | Salmon Fillets, skin-on)

Top the **ramen bowls** with the **salmon**.



Swap | Salmon Fillets, skin-on

- Add shrimp, reserved pasta/broccoli water and sauce to the large pot with the ramen and broccoli.
- Season with **salt** and **pepper**, then toss to coat.
- Divide **shrimp ramen noodles** between bowls.
- Sprinkle crispy shallots over top.