

Chicken and Bacon Yakisoba-Style Noodles

with Gai Lan and Mixed Mushrooms

Stir-Fry Special

35 Minutes





Chicken Breast, Diced*



310 g | 620 g



100 g | 200 g



Ramen Noodles









113 g | 226 g



Carrot, julienned 113 g | 226 g



Green Onion



2 | 4

4 tbsp | 8 tbsp





4 tbsp | 8 tbsp



2 tbsp | 4 tbsp



Cream Sauce Spice Blend 2 tbsp | 4 tbsp



Sesame Seeds

9g | 18g



Cooking utensils | Large bowl, large non-stick pan, large pot, measuring cups, measuring spoons, medium bowl, paper towels, strainer, tongs



Boil water and toast sesame seeds

- Before starting, wash and dry all produce.
- Add 10 cups water and 1 tbsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Meanwhile, heat a large non-stick pan over medium-high. When hot, add sesame seeds to the dry pan. Toast, stirring often, until golden, 3-4 min. (TIP: Keep your eye on them so they don't burn.)
- Remove from heat, then transfer sesame seeds to a plate.



Cook bacon

- Reheat the same pan over medium.
 When hot, add bacon. Cook, flipping occasionally, until crispy, 5-7 min.**
- Remove from heat. Using tongs, transfer bacon to a paper towel-lined plate. Reserve bacon fat in pan.



Measurements

within steps

1 tbsp

2 person

(2 tbsp)

oil

Prep and cook chicken

- Meanwhile, pat chicken dry with paper towels.
 Season with salt and pepper.
- Add chicken and Cream Sauce Spice Blend to a medium bowl. Toss to coat each piece of chicken.
- When **bacon** is done, reheat the same pan (with reserved bacon fat) over medium.
- Add chicken. Cook, turning pieces occasionally, until golden-brown and cooked through,
 5-6 min.***
- Remove from heat, then transfer to a large bowl.
- Carefully wipe the pan clean.



Prep and stir-fry veggies

- Meanwhile, trim ends from gai lan. Cut into 1-inch pieces.
- Cut or tear **oyster mushrooms** into ½-inch strips.
- Thinly slice remaining mushrooms.
- Thinly slice green onion.
- · Reheat the same pan over medium-high.
- When hot, add 1 tbsp (2 tbsp) oil, then mushrooms. Cook, stirring often, until golden, 5-6 min.
- Add gai lan, carrots and 2 tbsp (¼ cup) water.
 Season with salt and pepper. Cook, stirring often, until veggies are tender, 2-3 min.
- Transfer to bowl with chicken.



Cook ramen noodles and assemble stir-fry

- Add noodles to the boiling water. Cook until tender, 1-2 min.
- Drain noodles, then rinse under warm water.
- Return **noodles** to the same pot, off heat.
- Combine ½ cup (¾ cup) water, soy sauce mirin blend, hoisin and ginger-garlic puree in the same pan.
- Bring to a simmer over medium. Cook, stirring often, until sauce thickens slightly, 2-3 min
- Add sauce, chicken and veggies to pot with noodles. Toss to combine. (TIP: If you prefer a lighter sauce, add water, 1 tbsp at a time.)



Finish and serve

- Divide noodles, chicken, veggies and any remaining sauce between plates.
- Crumble bacon over top, then sprinkle green onions and sesame seeds over top.

- * Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.
- ** Cook bacon and chicken to minimum internal temperatures of 71°C/160°F and 74°C/165°F, respectively.