

HELLO FRESH Easy Cottage Pie with Cheesy Cheddar Mashed Potatoes

Family Friendly 30–40 Minutes

2 4

Ground Beef

Ground Turkey Beyond Meat®

250 g | 500 g

💫 Customized Protein 🕒 Add O Swap or 2 Double If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🚱



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

56 g 113 g Ingredient quantities

Pantry items | Pepper, unsalted butter, milk, salt

Cooking utensils | Colander, large oven-proof pan, large pot, measuring cups, measuring spoons, potato masher, vegetable peeler



Cook potatoes

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

• Peel, then cut **potatoes** into 1-inch pieces.

- Add **potatoes**, **1 tsp salt** and **enough water** to cover (by approx. 1 inch) to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Once boiling, reduce heat to medium. Simmer uncovered, until **potatoes** are fork-tender, 10-12 min.



Finish beef filling

- Add **tomato sauce base**, then sprinkle **Gravy Spice Blend** over top. Cook, stirring often, until **beef** and **veggies** are coated, 1-2 min.
- Add peas, soy sauce, broth concentrate and 1 cup (1 ½ cups) water. Bring to a boil over high.
- Once boiling, reduce heat to medium. Cook, stirring often, until **sauce** thickens slightly and **veggies** are tender, 3-4 min.
- Season with **salt** and **pepper**, to taste. (NOTE: If you don't have an oven-proof pan, transfer beef filling to a 8x8-inch baking dish for 2 ppl or a 9x13-inch dish for 4 ppl.)



Prep

5

- Meanwhile, strip 1 tbsp (2 tbsp) thyme leaves from stems, then finely chop.
- Roughly chop parsley.

Mash potatoes

potatoes until creamy.

When potatoes are fork-tender, drain and

(1/2 cup) milk and 2 tbsp (4 tbsp) butter into

Mash cheese, half the parsley, ¼ cup

Season with salt and pepper, to taste.

return to the same pot, off heat.

• Peel, then mince or grate **garlic**.



Start beef filling

🔿 Swap | Ground Turkey

🔇 Swap | Beyond Meat®

2 Double | Ground Beef

- Heat a large oven-proof pan over medium heat. When hot, add **beef** to the dry pan.
- Cook, breaking up beef into smaller pieces, until no pink remains, 4-5 min.**
- Carefully drain and discard excess fat.
- Add 1 tbsp (2 tbsp) butter, then mirepoix, thyme and garlic. Cook, stirring often, until veggies soften slightly, 3-4 min.
- Season with **salt** and **pepper**.



Finish and serve

- When **beef filling** is done, top with **mash**, spreading into an even layer.
- Broil in the **middle** of the oven until **mash** begins to brown, 4-5 min.
- Remove **beef cottage pie** from the oven and let stand, 5 min.
- Divide **pie** between plates. Sprinkle **remaining parsley** over top.



3 | Start turkey filling

🚫 Swap | Ground Turkey

If you've opted to get **turkey**, when hot, add **1 tbsp** (2 tbsp) **oil** to the pan, then add **turkey**. Cook **turkey** in the same way the recipe instructs you to cook the **beef**.**

3 | Start Beyond Meat® filling

🔇 Swap | Beyond Meat®

If you've opted to get **Beyond Meat**[®], when hot, add ½ **tbsp** (1 tbsp) **oil**, then **Beyond Meat**[®] **patties** to the pan. Cook **Beyond Meat**[®] in the same way as the **beef**, breaking up **patties** into smaller pieces, until crispy, 5-6 min.** Disregard instructions to drain excess fat.

3 | Start beef filling

😢 Double | Ground Beef

If you've opted for **double beef**, cook it in the same way the recipe instructs you to cook the **regular portion of beef**. Work in batches, if necessary.

** Cook to a minimum internal temperature of 74°C/165°F.