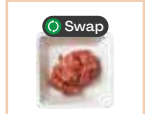




# SuperQuick Cheesy Italian Sausage Wraps

with Mozzarella and Peppers

15 Minutes



Ground Turkey  
250 g | 500 g

[Customized Protein](#) **+** Add **↻** Swap **or** **×2** Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, [visit hellofresh.ca](http://hellofresh.ca)



Mild Italian Sausage, uncased  
250 g | 500 g



Flour Tortillas  
6 | 12



Mozzarella Cheese, shredded  
¾ cup | 1 ½ cups



Garlic Puree  
1 tbsp | 2 tbsp



Marinara Sauce  
½ cup | 1 cup



Roasted Pepper Pesto  
¼ cup | ½ cup



Ricotta Cheese  
100 g | 200 g



Sweet Bell Pepper  
1 | 2

**Allergens** Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Pantry items | Oil, salt, pepper

Cooking utensils | Aluminum foil, baking sheet, large non-stick pan, measuring spoons, silicone brush, 2 small bowls

1



## Prep

- Before starting, preheat the broiler to high.
- Wash and dry all produce.
- Core, then cut **pepper** into ½-inch slices.
- Stir together **ricotta** and **half the pesto** in a small bowl.

2



## Cook filling

Swap | Ground Turkey

- Heat a large non-stick pan over high heat.
- When hot, add ½ **tbsp** (1 **tbsp**) **oil**, then **sausage**, **garlic puree** and **peppers**.
- Cook, breaking up **sausage** into smaller pieces, until no pink remains, 4-5 min.\*\*
- Season with **salt** and **pepper**.

3



## Assemble wraps

- On a clean surface, arrange **tortillas**.
- Add **sausage mixture** down the **middle** of **each tortilla**, then dollop **ricotta-pesto mixture** over top.
- Sprinkle with **mozzarella**.
- Roll **tortillas** tightly over **filling**, then arrange **wraps** on a foil-lined baking sheet, **seam-sides down**.

4



## Broil wraps

- Brush **wraps** with 1 **tbsp** (2 **tbsp**) **oil**.
- Broil in the **middle** of the oven, until golden, 3-4 min.

5



## Finish and serve

- Stir together **marinara** and **remaining roasted pepper pesto** in a microwaveable bowl.
- Cover and microwave on high until warmed through, 1-2 min.
- Divide **wraps** between plates. Serve **pesto marinara** on the side for dipping.

Measurements  
within steps

1 **tbsp** (2 **tbsp**) **oil**  
2 person 4 person Ingredient

## 2 | Cook filling

Swap | Ground Turkey

If you've opted to get **turkey**, cook it in the same way the recipe instructs you to cook the **Italian sausage**.\*\*

\*\* Cook to a minimum internal temperature of 74°C/165°F.