

Italian-Style Steak Sandwiches

with Sautéed Peppers and Spinach Salad

Special

20 Minutes







Steak 370 g | 740 g | 740 g | 1480 g | 340 g | 680 g







56 g | 113 g

285 g | 570 g



Pepper



Mayonnaise

1 | 2



Sandwich Bun



3/4 cup | 1 ½ cups

2 | 4



Italian Seasoning 1tbsp | 1tbsp



Balsamic Glaze 2 tbsp | 4 tbsp



Spring Mix 56 g | 113 g









If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🦫



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Aluminum foil, baking sheet, large bowl, large non-stick pan, measuring spoons, paper towels, whisk



Prep

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

🔘 Swap | Striploin Steak

😢 Double | Striploin Steak

🗘 Swap | Tenderloin Steak

- Core, then cut **pepper** into ½-inch slices.
- Halve buns.
- Pat steaks dry with paper towels. Sprinkle half the Italian Seasoning (use all for 4 ppl) all over steaks, then season with salt and pepper. Set aside.



Cook veggies

- Heat a large non-stick pan over medium-high
- When hot, add 1 tbsp (2 tbsp) oil, then **onions** and **peppers**. Cook, stirring occasionally, until tender-crisp, 3-4 min. Season with **salt** and **pepper**.
- Transfer veggies to a plate.



Cook steaks

- Add 1/2 tbsp (1 tbsp) oil, then steaks to the same pan. Sear until golden-brown, 1-2 min per side.
- Remove the pan from heat, then transfer steaks to a foil-lined baking sheet.
- Broil in the **middle** of the oven until cooked to desired doneness, 4-7 min.**



Make dressing

• Meanwhile, whisk together half the balsamic glaze and 1 tbsp (2 tbsp) oil in a large bowl.

- Thinly slice steaks.
- Remove foil from the baking sheet (from step 3), then arrange **buns** on the unlined sheet, cut-side up.
- Spread mayo over buns.
- Stack steak on bottom buns, then drizzle with remaining balsamic glaze.
- Arrange half the veggies on top, then sprinkle cheese over veggies.
- Broil in the middle of the oven until cheese melts, 1-2 min. (TIP: Keep an eye on them so they don't burn.)



Finish and serve

- Meanwhile, add spring mix and remaining **veggies** to the bowl with **dressing**. Season with **salt** and **pepper**, then toss to combine.
- When **cheese** is melted, close **sandwiches** with **top buns**.
- Divide sandwiches and salad between plates.

Measurements within steps

1 tbsp (2 tbsp) 2 person 4 person

oil Ingredient

1 Prep

O Swap | Striploin Steak

If you've opted for **striploin steaks**, cook them in the same way the recipe instructs you to cook the sirloin steaks.

1 Prep

😢 Double | Striploin Steak 🕽

If you've opted for double striploin steaks, prep and cook them in the same way the recipe instructs you to prep and cook the sirloin steaks.

1 | Prep

O Swap | Tenderloin Steak

If you've opted for tenderloin steaks, prep and cook them in the same way the recipe instructs you to prep and cook the sirloin steaks.