

Customized Protein Add

HELLO Steak au Poivre

with Bacon Caesar Salad and Fries

×2 Double

Perfect Pair

(Swap or

35 Minutes

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and

you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🦫







Steak Striploin Steak

370 g | 740 g 740 g | 1480 g 340 g | 680 g







100 g | 200 g

Spring Mix

56 g | 113 g

Cracked Black

Pepper

1 tsp | 2 tsp

All-Purpose Flour 1 tbsp | 2 tbsp

285 g | 570 g



Beef Broth Concentrate



Garlic Puree 1 | 2 1 tbsp | 2 tbsp



Onion, sliced





Caesar Dressing







Russet Potato



Garlic Spread 2 tbsp | 4 tbsp





Ciabatta Roll

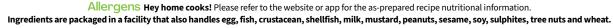
2 | 4



White Cheddar Cheese, Shredded 1/2 cup | 1 cup







Cooking utensils | Aluminum foil, 2 baking sheets, large bowl, large non-stick pan, measuring cups, measuring spoons, paper towels, slotted spoon



Make appetizer

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Cut ciabatta in half.
- Arrange ciabatta slices on an unlined baking sheet cut-side up. Spread garlic spread over cut halves.
- Toast in the **top** of the oven until golden-brown, 2-4 min. (TIP: Keep your eye on them so they don't burn.)
- Carefully remove from the oven, then sprinkle cheddar over top. Return to the top of the oven until cheese melts, 1-2 min.
- Serve immediately or alongside the final dish.



Roast fries

- · Halve potatoes lengthwise, then cut into 1/4-inch slices.
- Add potatoes and 1 tbsp oil to an unlined baking sheet.
- Season with salt and pepper, then toss to coat. (NOTE: For 4 ppl, use 2 baking sheets, with 1 tbsp oil per sheet.)
- Roast in the middle of the oven, flipping halfway through, until golden-brown, 22-24 min. (NOTE: For 4 ppl, roast in the middle and top of the oven.)



Cook bacon

- Meanwhile, cut **bacon** into ½-inch pieces.
- Heat a large non-stick pan over medium-high.
- When hot, add **bacon** to the dry pan. Cook, stirring occasionally, until crispy, 5-7 min.**
- Remove from heat. Using a slotted spoon, transfer bacon to a paper towel-lined plate. Set aside.
- Carefully discard all but 1 tbsp (2 tbsp) bacon fat from the pan.



Cook steaks

O Swap | Striploin Steak

O Swap | Double Striploin Steak

🗘 Swap | Tenderloin Steak

- Pat **steaks** dry with paper towels, then season with salt and pepper.
- Reheat the pan with **reserved bacon fat** over medium-high.
- When the pan is hot, add steaks. Pan-fry until cooked to desired doneness, 5-8 min per side.**
- Transfer to a plate, then cover loosely with foil. Set aside to rest, 2-3 min.



Make pepper sauce

- Reheat the same pan over medium-high.
- When the pan is hot, add onions, garlic puree and half the cracked black pepper (use all for 4 ppl). Cook, stirring often, until onions soften, 1-2 min.
- Stir in 1/2 cup (3/4 cup) water, flour and broth concentrate. Bring to a boil and cook, stirring occasionally, until sauce thickens slightly,
- Add 2 tbsp (4 tbsp) butter. Stir until combined.
- · Season with salt and pepper, to taste.



Finish and serve

- Add spring mix, spinach, Caesar dressing and bacon to a large bowl. Season with salt and **pepper**, then toss to coat.
- · Thinly slice steaks.
- Divide steaks, bacon Caesar salad and fries between plates.
- Spoon pepper sauce over steaks.

Measurements within steps

1 tbsp (2 tbsp) 2 person 4 person

oil

Ingredient

4 | Cook steaks

O Swap | Striploin Steak

If you've opted for **striploin steak**, prep and cook it in the same way the recipe instructs you to prep and cook the sirloin steak.

4 Cook steaks

🚺 Swap | Double Striploin Steak 🕽

If you've opted for **double striploin steak**, prep and cook it in the same way the recipe instructs you to prep and cook the sirloin steak.

4 | Cook steaks

🗘 Swap | Tenderloin Steak

If you've opted for **tenderloin steak**, prep and cook them in the same way the recipe instructs you to prep and cook the sirloin steaks.