

# HELLO Pry-Rub Chicken and Potato Wedges with Charred Corn and Ranch Dressing

Family Friendly 30-40 Minutes







Thighs ( 280 g | 560 g





2 4



4 tbsp | 8 tbsp



Corn Kernels



Green Onion

2 4

113 g | 227 g



Ranch Dressing 4 tbsp | 8 tbsp







Smoked Paprika-Garlic Blend 1 tbsp | 2 tbsp



Sweet Bell Pepper 1 | 2



Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Aluminum foil, 2 baking sheets, large non-stick pan, measuring spoons, paper towels, silicone brush, small bowl



## Roast potato wedges

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Cut **potatoes** into ½-inch wedges.
- Add potatoes and 1 tbsp (2 tbsp) oil to an unlined baking sheet. Season with salt and pepper, then toss to coat.
- Arrange potatoes in a single layer.
- Roast in the top of the oven until tender and golden-brown, 25-28 min.



#### **Broil chicken**

- · When chicken is almost cooked through and potatoes are out of the oven, turn the oven broiler to high.
- While the broiler preheats, brush half the BBQ sauce over chicken.
- Broil chicken in the middle of the oven until cooked through, 4-5 min.\*\*



#### Roast chicken

Swap | Chicken Thighs

O Swap | Tofu

🔀 Double | Chicken Breasts

- Meanwhile, pat chicken dry with paper towels.
- Add chicken, Smoked Paprika-Garlic Blend and ½ tbsp (1 tbsp) oil to a foil-lined baking sheet. Season with salt and pepper, then toss to coat.
- Roast in the middle of the oven until chicken is almost cooked through, 14-16 min. (NOTE: Chicken will finish cooking in step 4.)



# Mix ranch dressing

- Meanwhile, thinly slice green onions.
- Add ranch dressing and half the green onions to a small bowl. Season with salt and pepper, then stir to combine.



## Char veggies

- Meanwhile, core, then cut **pepper** into ½-inch pieces.
- Heat a large non-stick pan over medium-high heat.
- When hot, add corn, peppers, 1 tbsp (2 tbsp) oil and ½ tbsp (1 tbsp) water. Cover with a lid. Cook, carefully swirling the pan often, until veggies are dark golden-brown, 5-6 min.
- Season with salt and pepper, to taste.



## Finish and serve

- · Slice chicken, if desired.
- Divide chicken, charred veggies and potato wedges between plates.
- Spoon ranch dressing over veggies and chicken. Sprinkle remaining green onions over top.
- Serve remaining BBQ sauce on the side for dipping.

#### Measurements within steps

(2 tbsp) 1 tbsp

oil 4 person Ingredient

If you ordered 6 servings, triple the amounts in the 2-serving recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.

#### 2 | Roast chicken

#### Swap | Chicken Thighs

If you've opted to get chicken thighs, cook in the same way the recipe instructs you to cook chicken breasts.

#### 2 | Roast tofu

#### 🚫 Swap | Tofu

If you've opted to get **tofu**, pat dry with paper towels. Cut tofu in half, parallel to the cutting board. (NOTE: You will have two square tofu steaks per block.) Using a fork, poke **tofu** all over. Season, roast and broil **tofu** the same way the recipe instructs you to season, roast and broil chicken, decreasing roasting time to 6-8 min, until golden.

#### 2 | Roast chicken

#### 2 Double | Chicken Breasts

If you've opted for **double chicken**, prep and cook in the same way the recipe instructs you to cook the regular portion of chicken.

- \* Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.
- \*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.