

HELLO Smoky Beef Cheeseburgers with Caramelized Opions

with Caramelized Onions

25 Minutes



Turkey **250 g | 500 g**





2 Double

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥





Ground Beef



250 g | 500 g



2 tbsp | 4 tbsp



Artisan Bun



2 | 4



Spring Mix



28 g | 56 g

Garlic Blend 1 tbsp | 2 tbsp



Cheddar Cheese, shredded



¼ cup | ½ cup

Mayonnaise

2 tbsp | 4 tbsp



Balsamic Vinegar



½ tbsp | 1 tbsp





Yellow Potato 350 g | 700 g

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | 2x baking sheet, large non-stick pan, measuring spoons, medium bowl, parchment paper, small bowl



Roast potato wedges

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- · Peel potatoes, if desired, then cut into ½-inch wedges.
- Add potatoes, half the Smoked Paprika-Garlic Blend and 1 tbsp oil to a parchmentlined baking sheet. Season with salt and pepper, then toss to coat.
- Roast in the middle of the oven, flipping halfway through, until golden and tender, 22-24 min.



Caramelize onions

- Peel, then cut onion into ¼-inch slices.
- Heat a large non-stick pan over medium heat.
- When hot, add ½ tbsp (1 tbsp) oil, then onions. Cook, stirring often, until soft, 3-4 min.
- Add 1 tsp (2 tsp) sugar. Season with salt. Cook, stirring often, until **onions** are dark golden, 6-8 min. Stir in half the Smoked Paprika-Garlic Blend and half the vinegar (use all for 4 ppl).
- Transfer to a plate. Cover to keep warm.
- Carefully rinse and wipe the pan clean.



Form and cook patties

🔘 Swap | Ground Turkey

- Add beef, breadcrumbs, remaining Smoked Paprika-Garlic Blend and 1/4 tsp (1/2 tsp) salt to a medium bowl. Season with **pepper**, then combine.
- Form **mixture** into two (four) 4-inch-wide patties.
- Heat the same pan over medium. When hot, add ½ tbsp (1 tbsp) oil, then patties. Pan-fry until cooked through, 4-5 min per side.**
- Remove from heat, then transfer **patties** to one side of an unlined baking sheet.
- Sprinkle **cheese** evenly over **patties**. Set aside.



Make BBQ mayo

- Meanwhile, add mayo and half the BBQ **sauce** (use all for 4 ppl) to a small bowl.
- Season with **pepper**, then stir to combine.



Toast buns and melt cheese

- Arrange buns on the other side of the baking sheet with **patties**, cut-sides up. (NOTE: For 4 ppl, use another unlined baking sheet.)
- Toast in the top of the oven until buns are toasted and cheese melts, 3-4 min. (NOTE: For 4 ppl, toast in batches.) (TIP: Keep an eye on buns so they don't burn.)



Finish and serve

- Spread BBQ mayo onto top and bottom buns.
- Stack spring mix, patties and caramelized onions onto bottom buns. Close with top buns.
- Divide burgers and wedges between plates.

Measurements within steps

(2 tbsp) 1 tbsp

oil 4 person Ingredient

If you ordered 6 servings, triple the amounts in the 2-serving recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.

3 | Form and cook patties

🗘 Swap | Ground Turkey

If you've opted to get **turkey**, prep and cook it in the same way the recipe instructs you to prep and cook the beef.**