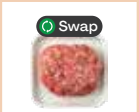




Tex-Mex Chorizo Stew

with Orzo, Feta and Tortilla Crumble

Movie Night 35 Minutes



Ground Beef
250 g | 500 g

Customized Protein

+ Add

Swap

or

x2 Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, [visit hellofresh.ca](https://www.hellofresh.ca)



Chorizo Sausage, uncased
250 g | 500 g



Orzo
170 g | 340 g



Sweet Bell Pepper
1 | 2



Yellow Onion
1 | 1



Baby Spinach
113 g | 227 g



Feta Cheese, crumbled
1/4 cup | 1/2 cup



Crushed Tomatoes with Garlic and Onion
1 | 2



Tortilla Chips
85 g | 170 g



Chicken Stock Powder
2 tbsp | 4 tbsp



Tex-Mex Paste
1 tbsp | 2 tbsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. *Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.*

Ingredient quantities 56 g | 113 g
2-serving | 4-serving

1



Cook orzo

- Before starting, wash and dry all produce.

- Add **6 cups water** and **1 tsp salt** to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Add **orzo** to the **boiling water**. Cook uncovered, stirring occasionally, until tender, 10-12 min.
- Drain and return **orzo** to the same pot, off heat.

2



Prep

- Meanwhile, core, then cut **pepper** into ½-inch pieces.
- Peel, then cut **onion** into ¼-inch pieces.
- Roughly chop **spinach**. (TIP: Place spinach in a bowl, then roughly chop using a pair of kitchen shears or scissors!)

3



Cook chorizo stew base

- Heat a large non-stick pan over medium-high heat.
- When hot, add ½ **tbsp** (1 **tbsp**) **oil**, then **chorizo**, **onions**, **peppers** and **Tex-Mex paste**. Cook, breaking up **chorizo** into smaller pieces, until no pink remains, 4-5 min. ******
- Add **crushed tomatoes**, **chicken stock powder**, **1 ½ cups** (2 ½ cups) **water**, ¼ **tsp** (½ **tsp**) **salt** and ½ **tsp** (1 **tsp**) **sugar**.
- Bring to a simmer over medium-high heat. Cook, stirring occasionally, until **veggies** soften and **broth** thickens slightly, 1-2 min.

4



Finish stew

- Add **chorizo mixture**, **spinach** and **1 tbsp** (2 **tbsp**) **butter** to pot with **orzo**. Stir until wilted, 1 min.
- Remove from heat and cover with a lid to keep hot.
- Carefully wipe the pan clean.

5



Make tortilla crumble (optional)

- Reheat the same pan (from step 3) over medium-high.
- Meanwhile, cut one corner of the **tortilla chip bag** to let the air out. Using your hands, crush **chips** in the bag to make ½-inch pieces.
- When the pan is hot, add **1 tbsp** (2 **tbsp**) **oil**, then **crushed tortillas**. Cook, stirring often, until **tortilla pieces** are lightly toasted and 1-2 min. Remove from heat. (TIP: You can skip this step if you don't want to toast the tortillas!)

6



Finish and serve

- Season **stew** with **salt** and **pepper**.
- Divide **stew** between bowls.
- Sprinkle **tortilla crumble** and **feta** over top.

If you ordered 6 servings, triple the amounts in the 2-serving recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.