

HELLO Speedy Caramelized Pork Bowls with Sticky Lemongrass-Scented Rice

Spicy

20 Minutes









2 Double

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥











250 g | 500 g

34 cup | 1 1/2 cups



Shanghai Bok Choy



Crispy Shallots

28 g | 56 g

2 | 4



Ginger-Garlic Puree



2 tbsp | 4 tbsp



Lemongrass



1 | 2







1/4 cup | 1/2 cup







Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Cooking utensils | Large non-stick pan, measuring cups, measuring spoons, medium pot, paper towels, strainer



Cook lemongrass rice

- Before starting, add 1 1/4 cups (2 1/2 cups) water and 1/8 tsp (1/4 tsp) salt to a medium pot.
- · Cover and bring to a boil over high heat.
- Wash and dry all produce.
- Heat Guide for Step 5:
 - Mild: 1/8 tsp (1/4 tsp)
- Medium: ¼ tsp (½ tsp)
- Spicy: ½ tsp (1 tsp)
- Extra-spicy: 1 tsp (2 tsp)
- Remove outer layer of **lemongrass**, then halve lengthwise. Place on a cutting board, cut-side down. Using the back of a spoon or a pot, forcefully hit lemongrass to crush.
- Using a strainer, rinse **rice** until water runs clear.
- To the boiling water, add rice and lemongrass, then reduce heat to medium-low.
- Cover and cook for 12-14 min, until rice is tender and liquid is absorbed. (NOTE: Reduce heat to low if water is boiling over.)
- Remove from heat. Set aside, still covered.



Finish prep

- Meanwhile, thinly slice green onions.
- Finely chop chili, removing seeds for less heat. (TIP: We suggest using gloves when prepping chilies.)



Prep bok choy

- Separate bok choy leaves from stems.
- Place in a strainer and rinse under cool water. Pat dry with paper towels, then cut stems into 1-inch pieces.



Cook pork

O Swap | Ground Beef

🗘 Swap | Tofu 🕽

- Heat a large non-stick pan over medium-high.
- When the pan is hot, add 1/2 tbsp (1 tbsp) oil, then **pork**. Break up **pork** into smaller pieces, then add **bok choy stems**.
- Cook for 4-5 min, stirring often, until no pink remains in pork.**
- Add brown sugar and ginger-garlic puree. Cook for 2-3 min, stirring often, until **mixture** is fragrant and turns dark brown.





Finish pork mixture

5

- To the pan with pork, stir in vegetarian oyster sauce, bok choy leaves, 1/4 cup (1/2 cup) water and 1/4 tsp (1/4 tsp) chilies. (NOTE: Reference heat guide). Cook, stirring often, until bok choy leaves wilt.
- Remove from heat, then season with salt and pepper.

Finish and serve

- Remove and discard lemongrass. Fluff rice with a fork, then stir in half the green onions and half the crispy shallots.
- Divide rice between bowls.
- Top with caramelized pork and bok choy mixture.
- Sprinkle with remaining green onions and remaining crispy shallots.
- Drizzle with sriracha and sprinkle any remaining chilies over top, if you like.

Measurements within steps

oil

For 6 servings

If you ordered 6 servings, triple the amounts in the 2-serving recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.

3 | Cook beef

O Swap | Ground Beef

If you've opted to get **beef**, cook in the same way the recipe instructs you to cook the pork.**

3 | Cook tofu

Swap | Tofu

If you've opted to get **tofu**, pat **tofu** dry with paper towels, then crumble into pea-sized pieces. When the pan is hot, add 1 tbsp (2 tbsp) oil, then tofu and bok choy stems. Cook for 6-7 min, stirring occasionally, until **tofu** is browned all over. Follow the rest of the recipe as written.