

Beef Patties with Thyme-Onion Gravy

Roasted Potatoes and Sugar Snap Peas

FAMILY

35 Minutes









Ground Beef

Yellow Potato



Onion, sliced



Garlic





Beef Broth



Parsley and Thyme

Concentrate



Italian Breadcrumbs



Sugar Snap Peas

START HERE

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust Out

Large Non-Stick Pan, Garlic Press, Large Bowl, Baking Sheet, Measuring Cups, Measuring Spoons

Ingredients

	2 Person	4 Person
Ground Beef	250 g	500 g
Yellow Potato	300 g	600 g
Onion, sliced	113 g	227 g
Garlic	6 g	12 g
Beef Broth Concentrate	1	2
Parsley and Thyme	14 g	21 g
Italian Breadcrumbs	⅓ cup	½ cup
Sugar Snap Peas	113 g	227 g
Unsalted Butter*	1 ½ tbsp	3 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



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1. ROAST POTATOES

Strip 1 tbsp thyme leaves (dbl for 4 ppl) off stems. Cut potatoes into 1-inch pieces. Toss potatoes and ½ tbsp thyme with 1 tbsp oil (dbl both for 4 ppl) on a baking sheet. Season with salt and pepper. Roast in the middle of the oven, until potatoes are golden-brown, 25-28 min.



2. PREP

While **potatoes** roast, roughly chop **parsley**. Trim **snap peas**. Peel, then mince or grate **garlic**. Combine **beef** and **breadcrumbs** in a large bowl. Season with **salt** and **pepper**. Divide **beef mixture** into **8 equal portions** (you should have 16 for 4 ppl). Roll them into balls, then flatten them into ½-inch thick **patties**.



3. COOK PATTIES

Heat a large non-stick pan over medium heat. When hot, add ½ tbsp oil, then the patties. Cook, until golden-brown, 3-5 min per side.**
Transfer patties to a plate. Cover to keep warm. (TIP: Don't overcrowd the pan, cook patties in 2 batches for 4 ppl.) When done, remove the pan from the heat and drain off any excess fat.



4. COOK ONIONS & SNAP PEAS

Return the pan to medium heat and add the **onions**. (NOTE: Add ½ tbsp oil, if pan is dry!) Cook, stirring occasionally, until softened, 3-4 min. While the onions cook, toss **snap peas** with ½ **tbsp oil** (dbl for 4ppl) on another baking sheet. Season with **salt** and **pepper**. Roast in the **top** of the oven, until tender, 4-5 min.



5. MAKE GRAVY

While **snap peas** roast, add **garlic** and **remaining thyme** to the pan with the softened **onions**. Cook, stirring often, until fragrant, 30 sec. Add **broth concentrate(s)** and ½ **cup water** (dbl for 4 ppl). Simmer, stirring often, until **gravy** is slightly reduced, 2-3 min. Add **half the parsley** and 1½ **tbsp butter** (dbl for 4 ppl). Stir until **butter** melts, 1-2 min. Season with **salt** and **pepper**.



6. FINISH AND SERVE

Divide patties, roasted potatoes and sugar snap peas between plates. Stir any juices from the plate with the patties into the thyme-onion gravy, then spoon gravy over patties. Sprinkle with remaining parsley.

Dinner Solved!

^{**} Cook to a minimum internal temperature of 71°C/160°F.