



Bistro-Style Steak and Easy Béarnaise Sauce

with Herby Potatoes and Caesar Salad

Striploin Special 35 Minutes



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Striploin Steak



Double Striploin Steak



Red Potato



Parsley



Garlic Powder



Parmesan Cheese,
grated



Baby Tomatoes



Mayonnaise



White Wine Vinegar



Tarragon



Spring Mix



Dijon Mustard

CUSTOM RECIPE

This is a Custom Recipe. If you chose to double your protein, simply follow the instructions on the back of this card and you're set.

Happy cooking!

HELLO TARRAGON

This herb used in French cuisine has a subtle licorice flavour!

Start here

- Before starting, preheat the oven to 450°F.
- Remove 1 tbsp (2 tbsp) butter from the fridge and set aside to come up to room temperature.
- Wash and dry all produce.

Measurements within steps **1 tbsp** (2 tbsp) **oil**
2 person 4 person Ingredient

Bust out

2 Baking sheets, measuring spoons, aluminum foil, large bowl, small pot, small bowl, whisk, large non-stick pan, paper towels

Ingredients

	2 Person	4 Person
Striploin Steak	370 g	740 g
Double Striploin Steak	740 g	1480 g
Red Potato	350 g	700 g
Parsley	7 g	7 g
Garlic Powder	1 tsp	2 tsp
Parmesan Cheese, grated	¼ cup	½ cup
Baby Tomatoes	113 g	227 g
Mayonnaise	4 tbsp	8 tbsp
White Wine Vinegar	½ tbsp	1 tbsp
Tarragon	7 g	7 g
Spring Mix	56 g	113 g
Dijon Mustard	1 ½ tsp	3 tsp
Unsalted Butter*	3 tbsp	6 tbsp
Oil*		
Salt and Pepper*		

* Pantry items

** Cook to a minimum internal temperature of 63°C/145°F for medium-rare; steak size will affect doneness.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



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Roast potatoes

- 1 Cut **potatoes** into ½-inch pieces.
- 2 Add **potatoes** and **1 tbsp** (2 tbsp) **oil** to an unlined baking sheet. Season with **salt, pepper** and ¾ **tsp** (1 ½ tsp) **garlic powder**, then toss to coat.
- 3 Roast in the **middle** of the oven, flipping halfway through, until tender and golden-brown, 22-25 min.



Finish potatoes

- 4 When **potatoes** are done, immediately add **1 tbsp** (2 tbsp) **softened butter** and **parsley** to the baking sheet with **potatoes**.
- 5 Toss until **butter** melts and coats **potatoes**.



Prep and make Caesar dressing

- 1 Meanwhile, finely chop **half the parsley** (all for 4 ppl).
- 2 Finely chop **1 tsp** (2 tsp) **tarragon**.
- 3 Halve **tomatoes**.
- 4 Add Dijon, **half the mayo**, **half the Parmesan**, **1 tsp** (2 tsp) **vinegar** and **remaining garlic powder** to a large bowl. Season with **salt** and **pepper**, to taste, then stir to combine. Set aside.



Make béarnaise sauce

- 1 Melt **2 tbsp** (4 tbsp) **butter** in a small pot over medium-high heat, then remove the pot from heat.
- 2 While **butter** melts, whisk together **remaining mayo** and ½ **tsp** (1 tsp) **vinegar** in a small bowl.
- 3 Gradually whisk in **melted butter** until smooth.
- 4 Add **tarragon**. Season with **salt**, to taste, then whisk to combine.



Cook steak

- 1 When **potatoes** are halfway done, heat a large non-stick pan over medium-high heat.
- 2 While the pan heats, pat **steak** dry with paper towels. Season with **salt** and **pepper**.
- 3 When the pan is hot, add **1 tbsp oil**, then **steak**. Sear until golden-brown, 1-2 min per side.
- 4 Remove from heat, then transfer **steak** to another unlined baking sheet.
- 5 Roast in the **top** of the oven until cooked to desired doneness, 4-6 min.**
- 6 Transfer **steak** to a cutting board. Loosely cover with foil and set aside to rest for 5 min.

If you've opted for **double steak**, prepare and cook it in the same way the recipe instructs you to prepare and cook the **regular portion of steak**. Work in batches, if necessary.



Finish and serve

- 1 Add **spring mix** and **tomatoes** to the bowl with **Caesar dressing**, then toss to coat. Sprinkle **remaining Parmesan** over top.
- 2 Thinly slice **steak**.
- 3 Divide **steak, potatoes** and **Caesar salad** between plates.
- 4 Spoon **béarnaise sauce** over **steak**.

Dinner Solved!