

BREADED MAPLE TURKEY

with Fresh Corn, Baby Kale Salad and Lime Butter







HELLO -

LIME-BUTTER CORN

with our homemade lime butter

TIME: 35 MIN















Corn gets a tasty upgrade



Baby Kale

Mayonnaise

Parsley

BBQ Seasoning

BUST OUT

- Shallow Dish
- Measuring Spoons
- Large Bowl
- Paper Towels
- Whisk
- Zester
- Medium Bowl
- Large Non-Stick Pan
- Small Bowl
- Large Pot
- Baking Sheet
- Salt and Pepper
- Measuring Cups
- Olive or Canola Oil
- Unsalted Butter 2

 (3 tbsp)

INGREDIENTS

INGREDIENTS -	
	4-person
Turkey Scallopine	680 g
Corn on the Cob	4
Maple Syrup	2 tbsp
• Italian Breadcrumbs 1,2,4,8,9	½ cup
• Lime	1
• Parsley	7 g
• BBQ Seasoning 6	1 tbsp
Baby Kale	113 g
• Mayonnaise 3,6,9	½ cup

ALLERGENS ALLERGÈNES

Some ingredients are produced in a facility that also processes milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Certains ingrédients sont produits dans des installations qui traitent également lait, la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

- O Fish/Poisson
- 6 Mustard/Moutarde
- 1 Wheat/Blé
- 7 Peanut/Cacahuète
- 2 Milk/Lait
- 8 Sesame/Sésame
- 3 Egg/Oeuf 4 Soy/Soja
- 9 Sulphites/Sulfites
- 5 Tree Nut/Noix
- 10 Crustacean/Crustacé11 Shellfish/Fruit de Mer

^{**}Cuire jusqu'à une température interne minimale de 74°C/165°F.



START STRONG

0

Preheat the oven to **425°F** (to finish turkey). Start prepping when the oven comes up to temperature! Remove 3 tbsp butter from the fridge and set aside to come up to room temperature -- this will create the perfect spreadable condiment!



PREP & MIX LIME BUTTER Wash and dry all produce.* Zest half the lime, then juice lime. Roughly chop parsley. In a medium bowl, add mayo, half the BBQ seasoning, half the maple syrup and half the lime juice.

Season with salt and pepper. Stir together. In a small bowl, add lime zest, remaining BBQ seasoning, half the parsley and 3 tbsp butter (room temp). Season with salt and pepper. Stir together.



Husk corn. In a large pot, add corn and enough water to cover (approx. 1-2 inches). Season with salt. Cover and bring to a boil, 3-4 min. Remove pot from the heat and set aside, to steam, still covered, until tender.



COAT TURKEY
While corn steams, pat turkey
dry with paper towels, then season with
salt and pepper. In a shallow dish, add
breadcrumbs. Coat turkey with 1/4 cup
maple-mayo mixture. Working with
one piece of turkey at a time, coat with
breadcrumbs, pressing gently to stick.



Heat a large non-stick pan over medium-high heat. When hot, add **2 tbsp** oil, then half the turkey. Pan-fry, until golden-brown, 1-2 min per side. Transfer turkey to a baking sheet. Wipe the pan clean, then repeat with another **2 tbsp oil** and remaining turkey. Roast in bottom of oven, until cooked through, 8-10 min. (TIP: Cook to a min. internal temp. of 74°C/165°F, as size may vary.**)



ASSEMBLE SALAD
While turkey roasts, in a large
bowl, whisk together remaining lime
juice, remaining maple syrup and
1 tbsp oil. Add baby kale and season
with salt and pepper. Toss together.



FINISH AND SERVE
Divide turkey, corn and kale
salad between plates. Serve remaining
maple-mayo on the side for turkey.
Spread lime butter over corn. Sprinkle
over remaining parsley.

MAKE IT AGAIN!-

Make the lime-butter all summer long for all your grilled corn on the cob!

Laver et sécher tous les aliments.