



# Breaded Ranch Chicken

## with Potato Coins and Green Beans

30-40 Minutes



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Chicken Breasts



Chicken Thighs



Yellow Potato



Garlic Salt



Sour Cream



Mayonnaise



Italian Breadcrumbs



Green Beans



White Wine Vinegar



Green Onion

### CUSTOM RECIPE

This is a Custom Recipe. If you chose to swap your protein, simply follow the instructions on the back of this card and you're set.

Happy cooking!

HELLO RANCH

*This tangy DIY ranch dressing is the perfect dip for chicken and potatoes!*

## Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

**Measurements within steps** **1 tbsp** (2 person) **(2 tbsp)** (4 person) **oil** Ingredient

## Bust out

2 Baking sheets, medium bowl, measuring spoons, parchment paper, 2 small bowls, large non-stick pan, paper towels

## Ingredients

	2 Person	4 Person
Chicken Breasts*	2	4
Chicken Thighs*	280 g	560 g
Yellow Potato	350 g	700 g
Garlic Salt	1 tsp	2 tsp
Sour Cream	3 tbsp	6 tbsp
Mayonnaise	4 tbsp	8 tbsp
Italian Breadcrumbs	¼ cup	½ cup
Green Beans	170 g	340 g
White Wine Vinegar	½ tbsp	1 tbsp
Green Onion	1	2
Unsalted Butter*	1 tbsp	2 tbsp
Sugar*	½ tsp	1 tsp
Oil*		
Salt and Pepper*		

\* Pantry items

\*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

† Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

## Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



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1



### Roast potato coins

- Cut **potatoes** into ¼-inch rounds.
- Add **potatoes**, **½ tsp garlic salt** and **1 tbsp oil** to a parchment-lined baking sheet. (**NOTE:** For 4 ppl, use 2 baking sheets with ½ tsp garlic salt and 1 tbsp oil per sheet.)
- Season with **pepper**, then toss to coat.
- Roast **potatoes** in the **middle** of the oven, flipping halfway through, until tender and golden-brown, 23-25 min. (**NOTE:** For 4 ppl, roast in the middle and bottom of the oven, rotating sheets halfway through.)

4



### Cook chicken

- Heat a large non-stick pan over medium-high heat.
- When hot, add **½ tbsp (1 tbsp) oil**, then **chicken**. Pan-fry until golden-brown, 1-2 min per side.
- Transfer to a parchment-lined baking sheet. Carefully wipe the pan clean.
- Spread **reserved ranch** evenly over **tops of chicken**. Top with **breadcrumb mixture**, pressing down gently to adhere.
- Roast **chicken** in the **top** of the oven, until cooked through, 10-12 min.\*\*

2



### Make ranch

- Halve **green onion** lengthwise, then thinly slice.
- Add **sour cream**, **mayo**, **half the green onions**, **half the vinegar** (use all for 4 ppl), **½ tsp (1 tsp) sugar** and **¼ tsp (½ tsp) garlic salt** to a medium bowl. Season with **pepper**, then stir to combine.
- Reserve **2 tbsp (4 tbsp) ranch** in a small bowl and set aside. (**NOTE:** Reserved ranch will be used to coat chicken in step 4.)

5



### Prep and cook green beans

- Meanwhile, trim, then halve **green beans**.
- Reheat the same pan over medium.
- When hot, add **green beans**, **remaining garlic salt** and **3 tbsp (6 tbsp) water**. Cook, stirring occasionally, until **green beans** are tender-crisp, 4-5 min.
- Add **1 tbsp (2 tbsp) butter**. Cook, stirring often, until **butter** melts and coats **green beans**, 1 min.
- Season with **pepper**, to taste.

3



### Prep chicken

- Combine **breadcrumbs** and **½ tbsp (1 tbsp) oil** in another small bowl.
- Pat **chicken** dry with paper towels.
- Carefully slice **each chicken breast** in half, parallel to the cutting board. (**NOTE:** You will have 4 pieces of chicken for 2 ppl and 8 pieces for 4 ppl.)
- Season with **salt** and **pepper**.

If you've opted to get **chicken thighs**, skip the instruction to cut each piece in half. Coat and cook **each thigh** in the same way the recipe instructs you to coat and cook the **chicken breasts**.

6



### Finish and serve

- Thinly slice **chicken**.
- Divide **chicken**, **potato coins** and **green beans** between plates.
- Sprinkle **remaining green onions** over top.
- Serve **remaining ranch** alongside for dipping.

Dinner Solved!