

# HELLO Cal Smart Fiery Shrimp with Asian-Style Coleslaw and Cilantro Rice

**Smart Meal** 

Spicy

20-min



Salmon Fillets. skin-on **250 g | 500 g** 









If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥





285 g | 570 g



34 cup | 1 ½ cups





Edamame



56 g | 113 g

56 g | 113 g



Cilantro







**Ginger Sauce** 2 tbsp | 4 tbsp

Soy Sauce

1 tbsp | 2 tbsp



Rice Vinegar



1 tbsp | 2 tbsp

1 tbsp | 2 tbsp

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Medium bowl, measuring spoons, strainer, medium pot, small bowl, measuring cups, large non-stick pan, paper towels



#### Cook rice

- · Before starting, wash and dry all produce.
- Add 1 cup (2 cups) water and **⅓ tsp** (⅓ tsp) **salt** to a medium pot. Cover and bring to a boil over high heat.
- Meanwhile, using a strainer, rinse rice until water runs clear.
- Add **rice** to the **boiling water**, then reduce heat to medium-low.
- Cover and cook until rice is tender and liquid is absorbed, 12-14 min. (NOTE: Reduce heat to low if water is boiling over.)
- Remove from heat. Set aside, still covered.



## Prep

- Meanwhile, roughly chop cilantro.
- Add cabbage to a medium bowl and season with **salt**. Using your hands, massage cabbage until slightly tender, 1 min.
- Combine chili-garlic sauce, soy sauce, 1 ½ tbsp (3 tbsp) ginger sauce and 3 tbsp (6 tbsp) water in a small bowl.



- Meanwhile, heat a large non-stick pan over medium-high heat.
- When the pan is hot, add edamame and 1 tbsp (2 tbsp) water to the dry pan.
- Cook, stirring occasionally, until water is absorbed and **edamame** are lightly charred, 5-6 min. Season with salt and pepper.
- Remove from heat.
- Transfer edamame to the medium bowl with red cabbage.



## 6 | Finish and serve

Measurements

5 | Cook salmon

Swap | Salmon Fillets

over medium-high. When hot, add

same pan as the recipe instructs.

If you've opted to get salmon, pat dry with paper towels, then season with salt and **pepper**. Reheat the same pan (from step 3)

1/2 tbsp (1 tbsp) oil, then salmon, skin-side

down. Cook until **skin** is crispy, 5-6 min. Flip

and cook until salmon is cooked through, 3-4

min.\*\* Transfer to a plate. Cook **sauce** in the

within steps

(2 tbsp)

oil

1 tbsp

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Top final plates with salmon. Spoon sauce over top.



#### Make coleslaw

- Add vinegar, ½ tbsp (1 tbsp) ginger sauce and half the cilantro to the bowl with red cabbage and edamame.
- · Toss to combine.



# Cook shrimp

### 🔘 Swap | Salmon Fillets

- Using a strainer, drain and rinse shrimp, then pat dry with paper towels.
- Reheat the same pan (from step 3) over medium-high.
- When the pan is hot, add 1 tsp (2 tsp) oil, then **shrimp**. Cook, stirring occasionally, until shrimp just turn pink, 2-3 min.\*\*
- Season with salt and pepper.
- Add prepared sauce (from step 2). Cook, stirring occasionally, until **sauce** thickens slightly and **shrimp** are well coated, 1 min.
- · Remove from heat.



## Finish and serve

#### 🗘 Swap | Salmon Fillets

- Fluff rice with a fork, then stir in remaining cilantro.
- Divide cilantro rice between plates. Top with shrimp and spoon any remaining sauce over top.
- Sprinkle peanuts over top.
- Serve coleslaw alongside.

