

Bacon, Apple and Cheddar Melts

with Honey-Mustard Dipper

Family Friendly 25–35 Minutes





Bacon Strips





Yellow Potato



BBQ Seasoning





Gala Apple

Cheese, shredded





Baby Spinach



Mayonnaise



Sandwich Bun

Dijon Mustard



Whole Grain Mustard



Honey



Start here

- Before starting, preheat the oven to 425°F.
- Remove 2 tbsp (4 tbsp) butter from the fridge and set aside to come up to room temperature.
- Wash and dry all produce.

Measurements	1 tbsp	(2 tbsp)	oil	
within steps	2 person	4 person	Ingredient	

Bust out

3 Baking sheets, measuring spoons, tongs, parchment paper, 2 small bowls, large non-stick pan, paper towels

Ingredients

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	2 Person	4 Person			
Bacon Strips	100 g	200 g			
Chicken Breasts	2	4			
Yellow Potato	400 g	800 g			
BBQ Seasoning	1 tbsp	2 tbsp			
White Cheddar Cheese, shredded	½ cup	1 cup			
Gala Apple	1	2			
Baby Spinach	28 g	56 g			
Sandwich Bun	2	4			
Mayonnaise	4 tbsp	8 tbsp			
Dijon Mustard	1 ½ tsp	3 tsp			
Whole Grain Mustard	1 tbsp	2 tbsp			
Honey	1 tbsp	2 tbsp			
Unsalted Butter*	2 tbsp	4 tbsp			
Sugar*	1 tsp	2 tsp			
Oil*					
Salt and Pepper*					

- Pantry items
- ** Cook bacon and chicken to minimum internal temperatures of 71°C/160°F and 74°C/165°F, respectively.
- * Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Roast potatoes

- Quarter **potatoes**. Cut **any larger potatoes** into 1-inch pieces.
- Add potatoes and 1 tbsp (2 tbsp) oil to a parchment-lined baking sheet. Season with BBQ Seasoning, salt and pepper, then toss to coat.
- Roast in the **middle** of the oven, flipping halfway through, until tender and goldenbrown, 22-25 min.

If you've opted to add **chicken breasts**, heat a large non-stick pan over medium-high heat. While the pan heats, pat **chicken** dry with paper towels. Season with **salt** and **pepper**. When the pan is hot, add ½ **tbsp** (1 tbsp) **oil**, then **chicken**. Pan-fry until golden-brown, 1-2 min per side. Transfer **chicken** to the baking sheet next to **bacon**. Roast **chicken** and **bacon** in the **top** of the oven until cooked through, 10-12 min.** (TIP: If chicken is done before bacon reaches desired doneness, remove chicken and continue roasting bacon.)



Cook bacon

- Meanwhile, arrange bacon strips in a single layer on another parchment-lined baking sheet.
- Roast **bacon** in the **top** of the oven, flipping halfway through, until golden-brown and cooked through, 12-14 min.**
- Using tongs, transfer **bacon** to a paper towellined plate.
- Carefully transfer **bacon fat** to a small heatproof bowl. Reserve.



Prep and make honey-mustard mayo

- Meanwhile, add Dijon, whole grain mustard, mayo and honey to another small bowl. Season with salt and pepper, to taste, then stir to combine.
- Core, then cut **apple** into ¼-inch slices.



Sauté apples

- When **bacon** is done, heat a large non-stick pan over medium-high heat.
- When the pan is hot, add ½ tbsp (1 tbsp) reserved bacon fat, then apples. Sprinkle 1 tsp (2 tsp) sugar over apples. Cook, gently stirring occasionally, until apples are lightly caramelized, 2-3 min.
- Remove the pan from heat.



Melt cheese and toast buns

- Meanwhile, halve buns.
- Arrange buns on an unlined baking sheet, cut-side up.
- Spread **2 tbsp** (4 tbsp) **softened butter** on cut sides.
- Sprinkle cheese over top buns.
- Toast in the **top** of the oven until **cheese** is melted and **bottom buns** are golden, 4-5 min. (TIP: Keep your eye on buns so they don't burn!)



Finish and serve

- Spread some honey-mustard mayo on bottom buns, then stack with bacon, apples and spinach. Close with top buns.
- Halve melts, if desired.
- Divide melts and roasted potatoes between plates.
- Serve **remaining honey-mustard mayo** alongside for dipping.

Thinly slice **chicken**. Top **melts** with **chicken** when you assemble them.

Dinner Solved!