

# **Chicken Noodle Bake**

with Cheddar-Breadcrumb Topper

Family Friendly 30-40 Minutes



#### Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust out**

Medium bowl, colander, medium oven-proof pan, measuring spoons, measuring cups, large pot, paper towels

#### Ingredients

	2 Person	4 Person
Chicken Thighs •	280 g	560 g
Chicken Breasts •	2	4
Cavatappi	170 g	340 g
Mirepoix	113 g	227 g
Green Peas	56 g	113 g
Cheddar Cheese, shredded	¼ cup	½ cup
Panko Breadcrumbs	¼ cup	½ cup
Cream Sauce Spice Blend	2 tbsp	4 tbsp
Chicken Broth Concentrate	2	4
Seasoned Salt	½ tbsp	1 tbsp
Milk*	½ cup	1 cup
Unsalted Butter*	2 tbsp	4 tbsp
Salt and Pepper*		

\* Pantry items \*\* Cook to a minimum internal temperature of 74°C/165°F,

as size may vary. Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

#### Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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#### Prep and sear chicken

• Add 10 cups hot water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.

- Meanwhile, heat a medium oven-proof pan (large pan for 4 ppl) over medium-high heat.
- While the pan heats, pat chicken dry with paper towels. Cut into 1-inch pieces. Season with half the seasoned salt and pepper.

• When the pan is hot, add 1 tbsp butter (dbl for 4 ppl), then chicken. Cook, stirring occasionally, until golden, 2-3 min. (NOTE: Chicken will finish cooking in step 2.)

If you've opted to get chicken breasts, prepare and cook them in the same way the recipe instructs you to prepare and cook the chicken thighs.



#### Make breadcrumb topping

 Meanwhile, melt 1 tbsp butter (dbl for 4 ppl) in a medium microwave-safe bowl or small pan over low heat, 30 sec.

Add panko and cheese. Stir to combine.



#### Cook veggies, finish chicken and make sauce

• Add mirepoix to the pan with chicken. Cook, stirring occasionally, until **veggies** are tender and chicken is cooked through, 5 -7 min.\*\*

• Sprinkle Cream Sauce Spice Blend and remaining seasoned salt over chicken and veggies. Stir until coated, 1 min.

• Add 3/4 cup water, 1/2 cup milk (dbl both for 4 ppl), peas and broth concentrates. Bring to a gentle boil.

• Cook, stirring occasionally, until sauce thickens slightly, 2-4 min.



#### Cook cavatappi

• Meanwhile, add cavatappi to the boiling water. Cook uncovered, stirring occasionally, until tender, 8-10 min.

• Reserve <sup>1</sup>/<sub>4</sub> cup pasta water (dbl for 4 ppl), then drain **cavatappi**.

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#### Assemble and bake casserole

• Add cavatappi to the pan with chicken,

veggies and sauce. Toss to combine. (TIP: For a lighter sauce consistency, add reserved pasta water, 1-2 tbsp at a time, if desired.) (NOTE: If you don't have an oven-proof pan, transfer to an 8x8-inch baking dish for 2 ppl; 9x13-inch for 4 ppl.)

• Sprinkle breadcrumb mixture over top. • Bake in the top of the oven until sauce is bubbling and topping is golden, 10-12 min. (NOTE: Be careful when removing the pan from the oven. The pan's handle will be very hot!)



#### **Finish and serve**

 Allow chicken noodle bake to cool for at least 5 min before serving.

• Divide chicken noodle bake between plates.

## **Dinner Solved!**

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