

CREAMY MUSHROOM FETTUCCINE

with Sun-Dried Tomatoes







HELLO -

SUN-DRIED TOMATOES

This secret ingredient infuses a ton of umami flavour into vegetarian pasta



Cremini Mushrooms



Thyme



Garlic



Parmesan Cheese, Baby Spinach shredded



Vegetable Broth Fresh Fettucine Concentrate



Sun-Dried Tomatoes

Sour Cream

PREP: 10 MIN

TOTAL: 30 MIN

CALORIES: 579

BUST OUT

- Measuring Spoons
- Medium Pot
- Salt and Pepper
- Large Non-Stick Pan Olive or Canola oil
- Measuring Cups
- Strainer

INGREDIENTS -	
	2-persor
Cremini Mushrooms	1 pkg (454 g)
Garlic	1 pkg (10 g)
Vegetable Broth Concentrate	1
• Fresh Fettucine 1,3	1 pkg (227 g)
Sun-Dried Tomatoes	1 pkg (28 g)
Thyme	1 pkg (10 g)
• Parmesan Cheese, shredded 2	1 pkg (¹/₄ cup)
Baby Spinach	1 pkg (113 g)
• Sour Cream 2	2 pkg (6 tbsp)

LERGENS ALLERGÉNES

Some ingredients are produced in a facility that also processes mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat

Certains ingrédients sont produits dans des installations qui traitent également la moutarde, les arachides, le sésame, le sova, les sulfites, les noix et le blé.

O Seafood/Fruit de Mer 5 Tree Nut/Noix

1 Wheat/Blé

6 Mustard/Moutarde 7 Peanut/Cacahuète

2 Milk/Lait 3 Egg/Oeuf

8 Sesame/Sésame

4 Soy/Soja

9 Sulphites/Sulfites

START STRONG



If you don't have a garlic press, lay the garlic clove on a chopping board. Place a chef's knife flat on top of the garlic clove and press down firmly to crush. Finely chop the garlic.



PREP Wash and dry all produce.* Thinly slice the **mushrooms**. Mince or grate the garlic. Roughly chop the sun-dried tomatoes. Strip 1 tbsp thyme leaves from the sprigs. Bring a medium pot of salted water to a boil.



COOK MUSHROOMS Heat a large non-stick pan over medium-high heat. Add a drizzle of oil, then the mushrooms. Cook, stirring occasionally, until the mushrooms are golden-brown, 7-8 min. Reduce the heat to medium, then add the garlic and thyme. Cook until fragrant, 30 sec.



COOK PASTA Meanwhile add the pasta and sun-dried tomatoes to the boiling water. Cook until the noodles are tender. 2-3 min. Reserve 3/4 cup pasta water. Drain the pasta and sun-dried tomatoes.



ASSEMBLE PASTA Add the pasta, reserved pasta water, broth concentrate and spinach to the pan. Toss together until the spinach wilts and the pasta is warmed through, 2-3 min.



FINISH PASTA Remove the pan from the heat and stir in the sour cream and half the Parmesan. Season with salt and pepper.



FINISH AND SERVE Divide the mushroom fettucine between bowls and sprinkle with remaining Parmesan.

CREAMY!

35% cream works just as well as sour cream when making sauce!



^{*}Laver et sécher tous les aliments.