

Beyond Meat® Veggie Black Bean Chili

with Tortilla Chips

Veggie

Quick

25 Minutes













Green Bell Pepper





Tex-Mex Paste

Crushed Tomatoes



Vegetable Broth Concentrate



Yellow Onion



Tortilla Chips



HELLO TEX-MEX PASTE

Start here

Before starting, wash and dry all produce.

Measurements 1 tbsp (2 tbsp) oil within steps 2 person 4 person Ingredient

Bust out

Colander, measuring spoons, measuring cups, large pot

Ingredients

	2 Person	4 Person
Beyond Meat®	2	4
Double Beyond Meat®	4	8
Green Bell Pepper	200 g	400 g
Black Beans	370 ml	740 ml
Crushed Tomatoes	1	2
Tex-Mex Paste	1 tbsp	2 tbsp
Vegetable Broth Concentrate	1	2
Yellow Onion	113 g	226 g
Tortilla Chips	85 g	170 g
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



- Core, then cut **pepper** into ¼-inch pieces.
- Peel, then cut **onion** into 1/4-inch pieces.



Cook Beyond Meat® patties

- Heat a large pot over medium heat (use same for 4 ppl).
- When hot, add 1 tbsp (2 tbsp) oil, then Beyond Meat® patties and Mexican Seasoning.
- Cook, breaking up Beyond Meat® into smaller pieces, until cooked through,
 4-5 min.**

If you've opted for **double Beyond Meat®**, prepare and cook it in the same way the recipe instructs you to prepare and cook the regular portion of **Beyond Meat®**. Work in batches, if necessary.



Finish and serve

- Divide veggie black bean chili between bowls.
- Serve tortilla chips on the side.

Dinner Solved!



Finish chili

- Stir in black beans with canning liquid, crushed tomatoes, broth concentrate,
 Tex-Mex paste and
- **1** $\frac{3}{4}$ cups (3 $\frac{1}{2}$ cups) water. Season with salt and pepper.
- Bring to a boil, then reduce heat to medium. Cook **chili** until slightly thickened, 8-10 min.





Start chili

- Add peppers and onions.
- Season with **salt** and **pepper**, then cook, stirring often, until **veggies** are slightly softened, 3-5 min.