

GOAT CHEESE, WALNUT AND HONEY CROSTINI

with Fennel and Strawberry-Rhubarb Salad





HELLO **RHUBARB**

A rhizome commonly used in desserts, known for its tart flavour



Rhubarb,



Red Wine



Strawberry Jam Demi-Baguette,





Fennel, sliced



Spring Mix



Honey

TOTAL: 30 MIN

CALORIES: 713

Goat Cheese

Walnuts, chopped

Dijon Mustard

BUST OUT

- Small Pan
- Salt
- · Baking Sheet
- Pepper
- Large Bowl
- Olive or Canola oil
- Whisk

INGREDIENTS

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	2-persor
• Rhubarb, chopped	1 pkg (170 g)
• Red Wine Vinegar 9	1 bottle (2 tbsp)
Strawberry Jam	2 pkg (2 tbsp)

• Demi-Baguette, 6-inch 1

• Fennel, sliced 1 pkg (170 g)

• Goat Cheese 2 1 pkg (113 g)

• Walnuts, chopped 5

• Dijon Mustard 6,9 1 pkg (1 ½ tsp)

Spring Mix

1 pkg (113 g) 1 pkg

1 pkg (56 g)

(1 tbsp)

Honey

START STRONG

Preheat your broiler to high (to broil the fennel, walnuts and bread).



Wash and dry all produce. Heat a small pan over medium-low heat.
Add the rhubarb, vinegar and jam.
Cook until fork-tender 3-4 min. Transfer to a large bowl.



Meanwhile, slice the **baguette** into ½-inch slices. Arrange **baguette** slices on one side of a baking sheet. Brush the tops with **oil**. Pour the **walnuts** on the other side of the baking sheet. Toast in the centre of the oven until golden-brown, 1-3 min. (**TIP:** Keep an eye on them so they don't burn!) Transfer to a plate.



BROIL FENNEL
Toss the fennel on the same baking sheet with a drizzle of oil. Season with salt and pepper. Broil in the centre of the oven, stirring halfway through cooking, until golden-brown, 4-6 min.

ALLERGENS

Some ingredients are produced in a facility that also processes mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

O Seafood/Fruit de Mer 5 Tree Nut/Noix

1 Wheat/Blé 6 Mustard/Moutarde

2 Milk/Lait7 Peanut/Cacahuète3 Egg/Oeuf8 Sesame/Sésame

4 Soy/Soja 9 Sulphites/Sulfites



ASSEMBLE SALAD
In a large bowl with the pickled rhubarb, whisk in the mustard and a drizzle of oil. Season with salt and pepper. (Taste and add more oil if you need it!) Add the spring mix. Toss to combine.



Spread each crostini (toasted baguette) with the goat cheese. Sprinkle with half the walnuts. Divide the salad between plates. Top with the broiled fennel and remaining walnuts. Serve alongside the crostini. Drizzle the crostini over with honey.

DO THE TWIST!

A fun twist on a classic strawberry and rhubarb combination.

