

# HELLO Greek-Style Lemon-Pepper Pork Meatballs

with Buttery Orzo

30 Minutes



**Ground Beef** 250 g | 500 g







If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🦫





250 g | 500 g







170 g | 340 g





30 g | 60 g



1/4 cup | 1/2 cup



90 ml | 180 ml



2 | 4



1 | 2



Garlic, cloves

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | 2 Baking sheets, measuring spoons, strainer, zester, medium pot, large bowl, parchment paper, small pot, measuring cups



# Prep

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Add 6 cups water and 1 tsp salt to a medium pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Meanwhile, peel, then mince or grate garlic.
- Core, then cut **pepper** into 1/4-inch slices.
- Halve **zucchini** lengthwise, then cut into 1/4-inch half-moons.
- Cut tomatoes into ½-inch pieces.
- Roughly chop olives.
- Zest, then juice **half the lemon** (whole lemon for 4 ppl). Cut **any remaining lemon** into wedges.



#### Cook orzo

- Add orzo to the boiling water.
- Cook uncovered, stirring occasionally, until tender, 6-8 min.
- Drain and return orzo to the same pot, off heat.



## Form and roast meatballs

#### O Swap | Beef

- Meanwhile, combine pork, breadcrumbs, Lemon-Pepper Seasoning and
   4 tsp (½ tsp) salt in a large bowl.
- Form pork mixture into
  8 equal-sized meatballs (16 meatballs for 4 ppl).
- Arrange on a parchment-lined baking sheet.
- Roast in the middle of the oven until cooked through, 10-12 min.\*\*



# Roast veggies

- Meanwhile, add peppers, zucchini and 1 tbsp (2 tbsp) oil to another parchmentlined baking sheet. Season with salt and pepper, then toss to coat.
- Roast in the **top** of the oven until **veggies** are tender-crisp, 10-12 min.



# Assemble orzo

- Heat a small pot over medium-high heat.
- When hot, add **2 tbsp** (4 tbsp) **butter**, then swirl the pot until melted.
- Add garlic. Cook, stirring often, until fragrant, 1 min.
- Add garlic butter, tomatoes, olives,
  1 tsp (2 tsp) lemon zest and
  ½ tbsp (1 tbsp) lemon juice to the medium pot with orzo. Stir to combine.



#### Finish and serve

- Divide orzo between plates. Top with meatballs and roasted veggies.
- Dollop with **yogurt sauce**.
- Squeeze a **lemon wedge** over top, if desired.



# 3 | Form and roast beef meatballs

#### O Swap | Beef

If you've opted to get beef, cook it in the same way the recipe instructs you to cook the  $\textbf{pork}.^{**}$ 

