

# HELLO Greek-Style Lemon-Pepper Pork Meatballs

with Buttery Orzo

30 Minutes



**Ground Beef** 250 g | 500 g

Customized Protein Add







If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥









250 g | 500 g







170 g | 340 g



Pepper 1 2



1 | 1

Mixed Olives 30 g | 60 g



Breadcrumbs 1/4 cup | 1/2 cup



Yogurt Sauce 90 ml | 180 ml



Tomato 2 | 4



1 2



Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | 2 Baking sheets, measuring spoons, strainer, zester, medium pot, large bowl, parchment paper, small pot, measuring cups



# Prep

- Before starting, preheat the oven to 450°F.
- · Wash and dry all produce.
- Add 6 cups water and 1 tsp salt to a medium pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Meanwhile, peel, then mince or grate garlic.
- Core, then cut **pepper** into 1/4-inch slices.
- Halve **zucchini** lengthwise, then cut into ¼-inch half-moons.
- Cut tomatoes into ½-inch pieces.
- · Roughly chop olives.
- Zest, then juice **half the lemon** (whole lemon for 4 ppl). Cut **any remaining lemon** into wedges.



#### Cook orzo

- Add orzo to the boiling water.
- Cook uncovered, stirring occasionally, until tender, 6-8 min.
- Drain and return to the same pot, off heat.



# Form and roast meatballs

#### O Swap | Ground Beef

- Meanwhile, combine pork, breadcrumbs, Lemon-Pepper Seasoning and
   4 tsp (½ tsp) salt in a large bowl.
- Form mixture into 8 equal-sized meatballs (16 meatballs for 4 ppl). Arrange on a parchment-lined baking sheet.
- Roast in the **middle** of the oven until cooked through, 10-12 min.\*\*



# Roast veggies

- Meanwhile, add peppers, zucchini and
  1 tbsp (2 tbsp) oil to another
  parchment-lined baking sheet. Season with
  salt and pepper, then toss to combine.
- Roast in the **top** of the oven until **veggies** are tender-crisp, 10-12 min.



# Assemble orzo

- Heat a small pot over medium-high heat.
- When the pot is hot, add **2 tbsp** (4 tbsp) **butter**, then swirl until melted.
- Add garlic. Cook, stirring often, until fragrant, 1 min.
- Add garlic butter, tomatoes, olives,
  1 tsp (2 tsp) lemon zest and
  ½ tbsp (1 tbsp) lemon juice to the medium pot with orzo. Stir to combine.



#### Finish and serve

- Divide orzo between plates. Top with meatballs and roasted veggies.
- Dollop with yogurt sauce.
- Squeeze a **lemon wedge** over top, if desired.



### 3 | Form and roast beef meatballs

# O Swap | Ground Beef

If you've opted to get **beef**, cook it in the same way the recipe instructs you to cook the **pork**.\*\*

**Issue with your meal?** Scan the QR code to share your feedback.