

Grilled Sausage Flatbreads

with Peppers

Grill

Optional Spice

Spice 30 Minutes



Start here

- Before starting, wash and dry all produce.
- Lightly oil the grill.
- While you prep, preheat the grill to 400°F over medium heat.

Measurements	1 tbsp	(2 tbsp)	oil
within steps	2 person	4 person	Ingredient

Bust out

Baking sheet, medium bowl, measuring spoons, large bowl, small bowl, whisk, large non-stick pan

Ingredients

	2 Person	4 Person
Mild Italian Sausage, uncased	250 g	500 g
Flatbread	2	4
Green Bell Pepper	200 g	400 g
Roma Tomato	80 g	160 g
Parsley	7 g	7 g
Tomato Sauce Base	4 tbsp	8 tbsp
Mozzarella Cheese, shredded	³⁄₄ cup	1 ½ cups
Balsamic Vinegar	1 tbsp	2 tbsp
Garlic Puree	1 tbsp	2 tbsp
Chili Flakes 🥑	1 tsp	1 tsp
Spring Mix	56 g	113 g
Sugar*	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

* Pantry items ** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

- Core, then cut **pepper** into ¹/₄-inch pieces.
- Cut **tomato** into ¹/₄-inch pieces.
- Roughly chop parsley.
- Add tomato sauce base, garlic puree and ½ tsp (1 tsp) sugar to a small bowl. Season with salt and pepper, then stir to combine.



Cook sausage and peppers

- Heat a large non-stick pan over mediumhigh heat.
- When hot, add ½ **tbsp** (1 tbsp) **oil**, then **sausage** and **half the peppers**. Cook,

breaking up **sausage** into smaller pieces, until no pink remains, 4-5 min.**

• Season with **salt** and **pepper**.

• Transfer **sausage and peppers** to a medium bowl.

• Place sausage mixture, tomato sauce mixture and cheese on a tray for easy assembly by the grill! (NOTE: These are your toppings.)



Make salad

• When **flatbreads** are done, add **vinegar**, ¹/₂ **tsp** (1 tsp) **sugar** and **1 tbsp** (2 tbsp) **oil** to a large bowl. Season with **salt** and **pepper**, then whisk to combine.

• Add tomatoes, spring mix and remaining peppers. Toss to combine.



Grill flatbreads

• Bring **toppings**, **flatbreads** and an unlined baking sheet to the grill (use 2 baking sheets for 4 ppl).

• Arrange **flatbreads** on the grill. Grill on one side until toasted, 2-3 min.

• Transfer **flatbreads** to the baking sheet, grilled-side up.



Finish and serve

- Cut flatbreads into quarters.
- Divide **flatbreads** and **salad** between plates. Sprinkle **parsley** over top.
- Sprinkle chili flakes over top, if desired.

Dinner Solved!



Assemble and finish flatbreads

- Evenly spread tomato sauce mixture over flatbreads.
- Top with cheese and sausage-pepper mixture.
- Carefully transfer **flatbreads** to the grill. Close lid, then reduce heat to low. Grill until **bottoms of flatbreads** are toasted and **cheese** is melted, 4-7 min. (TIP: Keep an eye on flatbreads so they don't burn!)

• Transfer **flatbreads** back to the baking sheet.

Let stand for 2-3 min.