

Hamburger Steaks in Onion Gravy

with Creamy Mash and Roasted Broccoli

30 Minutes















Garlic Salt







Russet Potato



Broccoli, florets



Gravy Spice Blend

Yellow Onion

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

Baking sheet, medium bowl, vegetable peeler, colander, measuring spoons, potato masher, measuring cups, large pot, large non-stick pan

Ingredients

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	2 Person	4 Person
Ground Beef	250 g	500 g
Dijon Mustard	1 ½ tsp	3 tsp
Worcestershire Sauce	1 tbsp	2 tbsp
Panko Breadcrumbs	⅓ cup	½ cup
Garlic Salt	1 tsp	2 tsp
Yellow Onion	113 g	226 g
Beef Broth Concentrate	2	4
Gravy Spice Blend	2 tbsp	4 tbsp
Russet Potato	460 g	920 g
Cream Cheese	43 g	86 g
Broccoli, florets	227 g	454 g
Unsalted Butter*	2 tbsp	4 tbsp
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



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Prep

- Peel, then cut **potatoes** into 1-inch pieces.
- Cut broccoli into bite-sized pieces.
- Peel, then cut onion into 1/4-inch slices.



Cook potatoes

- Add potatoes, 2 tsp salt and enough water to cover (by approx. 1 inch) to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Once boiling, reduce heat to medium-high. Simmer uncovered until fork-tender, 10-12 min.
- Drain and return **potatoes** to the same pot, off heat.
- Mash cream cheese, 1 tbsp butter and
 3 tbsp milk (dbl both for 4 ppl) into potatoes
 until creamy. Season with salt and pepper, to taste.



Sear hamburger steaks

- Heat a large non-stick pan over medium-high heat.
- While the pan heats, add beef, panko, Dijon, half the Worcestershire, half the broth concentrates and half the garlic salt to a medium bowl. Season with pepper, then combine.
- Form **mixture** into **two 4-inch-wide patties** (4 patties for 4 ppl).
- When the pan is hot, add ½ tbsp oil (dbl for 4 ppl), then patties. Pan-fry until golden-brown,
 2-3 min per side. (NOTE: Patties will finish cooking in step 5.)
- Transfer **patties** to a plate.



Roast broccoli

- Meanwhile, add broccoli, 1 tbsp oil and
 2 tbsp water (dbl both for 4 ppl) to an unlined baking sheet. Season with salt and pepper, then toss to coat.
- Roast broccoli in the middle of the oven, stirring halfway through, until tender and golden-brown, 10-12 min.



Make onion gravy and finish hamburger steaks

- Return the same pan (from step 3) to medium, then add **onions**. Cook, stirring occasionally, until **onions** start to caramelize, 3-4 min.
- Sprinkle **Gravy Spice Blend** over **onions**. Cook, stirring often, until coated, 30 sec.
- Gradually stir in 1 ¼ cups water (dbl for 4 ppl), remaining Worcestershire sauce and remaining broth concentrates. Season with pepper and remaining garlic salt. Bring to a simmer.
- Once simmering, return patties to the pan.
 Cook, flipping patties halfway, until patties are cooked through and gravy thickens slightly,
 4-5 min.** Remove the pan from heat.



Finish and serve

- Divide **mashed potatoes** and **broccoli** between plates.
- Top potatoes with hamburger steaks.
- Add **1 tbsp butter** to the pan with **onion gravy**, then stir until melted.
- Spoon onion gravy over hamburger steaks.

Dinner Solved!