

Homestead Chicken Stew

with Brown-Butter Smashed Irish Champ

Family Friendly 30-40 Minutes





Chicken Thighs







Green Peas

Mirepoix





Vegetable Stock

Powder

Red Potato

Cream Sauce Spice Blend



Green Onion



This is a Custom Recipe. If you chose to swap your protein, simply follow the instructions on the back of this card and you're set.

Happy cooking!



Start here

Before starting, wash and dry all produce.

Measurements 1 tbsp (2 tbsp) within steps 2 person 4 person

Bust out

Colander, measuring spoons, potato masher, medium pot, measuring cups, large pot, paper towels

Ingredient

Ingredients

3. 5 3. 5 3. 5		
	2 Person	4 Person
Chicken Thighs •	280 g	560 g
Chicken Breasts		4
Mirepoix	227 g	454 g
Green Peas	56 g	113 g
Red Potato	400 g	800 g
Vegetable Stock Powder	1 tbsp	2 tbsp
Cream Sauce Spice Blend	1 tbsp	2 tbsp
Green Onion	2	4
Unsalted Butter*	3 ½ tbsp	7 tbsp
Milk*	3 tbsp	6 tbsp
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.
- Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent.
 Both will disappear 3 minutes after opening.

Allergens

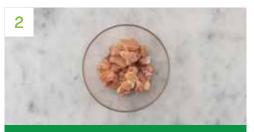
Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Cook potatoes

- Cut potato into 1-inch pieces.
- Add potatoes, 2 tsp salt (use same for 4 ppl) and enough water to cover (by approx. 1 inch) to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, reduce heat to medium-high.
 Simmer uncovered until fork-tender,
 10-12 min.
- Drain potatoes in a colander.



Prep

- Meanwhile, thinly slice green onions.
- Pat **chicken** dry with paper towels, then cut into 1-inch pieces. Season with **salt** and **pepper**.

If you've opted to get **chicken breasts**, prepare and sear them in the same way the recipe instructs you to prepare and sear the **chicken thighs**.



Start stew

- Heat a large pot over medium-high heat.
- When hot, add **1** ½ **tbsp** (3 tbsp) **butter**, then swirl the pot until melted.
- Add **chicken**. Cook, flipping once, until golden-brown, 3-4 min.
- Add **mirepoix**. Cook, stirring occasionally, until **veggies** soften slightly, 1-2 min.
- Sprinkle **Cream Sauce Spice Blend** into the pot, then season with **salt** and **pepper**. Cook, stirring often, until **chicken** and **veggies** are coated, 30 sec.



Finish stew

- Stir 1 cup (1 ½ cups) water and stock powder into the pot with chicken and veggies. Bring to a boil over high.
- Once boiling, add **peas**, then reduce heat to medium. Cover and cook, stirring occasionally, until **veggies** are tender and **chicken** is cooked through, 8-10 min.** (NOTE: The stew will be on the thin side.)
- Season with **salt** and **pepper**, to taste.



Make brown butter

- Meanwhile, while potatoes drain in the colander, carefully wipe the medium pot (from step 1) dry, then heat over medium.
- When hot, add **2 tbsp** (4 tbsp) **butter**, then swirl the pot until **butter** is golden-brown and stops foaming, 1-2 min. (TIP: Keep an eye on butter so it doesn't burn!)
- Add **green onions**, then remove the pot from heat. Stir until **green onions** soften slightly, 30 sec.



Finish and serve

- Return potatoes to the pot with brown butter and green onions. Add
 tbsp (4 tbsp) milk, then roughly mash potatoes until slightly mashed.
 (NOTE: 'Smashed' potatoes will still have a
- (NOTE: 'Smashed' potatoes will still have a few chunks!) Season with **salt** and **pepper**, to taste.
- Divide mash between bowls. Top with chicken stew.



Dinner Solved!